

WORKSHOP CONCLUSIONS ABOUT THE WORLD CONGRESS PROPOSALS AND IBU RAHAYU'S RECOMMENDATION ON *BUDHI*

1. Helpers Capacity Building
2. Youth - SICA (Human culture)
3. Enterprises-SESI
4. Susila Dharma International - Social Projects

1. Project: SICA TV Latin America (audio-visual platform).

Make a pilot sample. Zones 7, 8 and 9 (test: positive)

2. HIP HOP enterprise. Cultural industries. Generating revenue through events with its 4 elements of hip hop. (It was tested and the result was that it will take time to build it)

3. Theatre Company: to build a play which allow to raise awareness about the situations, giving messages which make aware and make people more human. (To structure the project better. The test was positive)

4. Social Networks Group to integrate Latin America (communications). To welcome new members; to socialize the groups; stay informed (test: much strength, joy, positive) **The Youth exist in Subud.** Everything produce by youth can be showed to the world.

5. Youth wants to take part of the PUBLICATION OF EXPERIENCES OF LATIN AMERICAN.

1.To form a team of managers for social projects. A network from the different cities that have projects.

Capacity building in projects development assisted by the kejiwaan. One day a month for leaders of social projects.

2. Experiences Exchange: to share experiences with others (example: Cali) to succeed together with the helpers and professionals.

3. SUSILA DHARMA proposal to SICA YOUTH: to create a database of talents for enterprises and social projects of young people. Enterprises that can sponsor Subud youth.

Comprehensive Work of the Wings with common interests; connections. First of all, to set up WINGS in each group, country, region and zone and their Representatives.

5.Human Talents Directory for all members

1. Subud Enterprises? Bapak: "each person is an enterprise; life is an enterprise"

2. Enterprises Database, World Congress proposal in Puebla.- Set up this database in Zone 8. Disseminate it. Find strengths and weaknesses.

3. Create a program for young entrepreneurs sponsors.

4. To strength the work through the Tic NETWORKS to expand productive ideas.

5. To give a percentage of the enterprises profits to Subud.

6. To form the enterprises equipment appointing national coordinators

7. To continue with the contribution of \$ 2 per member per month for zone 8 as was approved in Caracas.

8. Zone 8 Proposal: make a voluntary saving which includes a raffle, where the 70% of what is collected will be for the local group and the 30% for zone 8.

Capacity Building for Helpers:

a. Kejiwaan Work. Helpers with internal development. Establish a workflow. (Checking evaluation).

- b. The need of the *Dewan*:** 15 minutes latihan before talking to aspirants. (Not to frighten the aspirants). For the Helper: to feel the role to be fulfil that day.
- c. Communication with members:** Helpers and members divided. The capacity building will improve the communication. We are all on the same level.

Capacity Building:

f. Concern in the groups: to improve the material condition. The need to balance the material and the spiritual side

g. Committees and the effort to cover Helpers travels. Coordination between committees and helpers. National or regional training workshops. To gather the Helpers of the country. Every six months, at least.

h. There is no clarity in the appointment of new helpers. That causes difficulties in the groups. There is not the right attitude to solve the situation. To homogenized the tests to choose new assistants. Things have changed, new feelings, new mechanisms are emerging, test to work. There are helpers who want to impose their assistantship in a group. To read the blue Guide. (Not like a manual but as a guide) to avoid conflicts. There will be a new book based on Bapak's talks to clarify the issue of the helpers worldwide. WSA and international helpers will be in charge of this.

I. Democracy in Subud: Helpers appointment (It is unclear when appointments are made, because some helpers feel affected.). When the answer is unclear, do test again.

ii. To know how to feel internally through the latihan and honestly what is being received. And do the kejiwaan work needed to solve any differences that may arise.

iii. To share the test of how it feels to be a helper for his/her personal development and for Subud.

iv. The decisions are taken from the test, from what is received by the inner self.

Some important points to **BECOME HELPERS**

- They must have been 7 years in Subud.
- To be diligent in their latihan.
- They must have the ability to receive in order to help the members.
- They must be loved and respected by the members.
- They should not have a mental illness.
- They must have communication skills.

Aspirants

- How should we follow the process with the aspirants?
 - To be in the right state to welcome the aspirant. To listen to the aspirant in a very sincere and open way so that our inner feeling could truly embrace him/her.
 - The proposal is that the helper could do latihan before receiving the aspirant in order to be in the right state.
 - Cooperation of several helpers during the process. Each of them should feel about their role (not all have to talk to the aspirant). The emphasis is put on the need to practice a cleaning latihan.
-
- It is important to give all the necessary information to the aspirant. This information is essential for their development in SUBUD.
 - After three months the aspirant is being open. in case he/she has mental problems a test should be done. During the time as an aspirant it can happen (as an exception) that the person may be ready to be open before the three month waiting.

- Before the opening the latihan is done to be ready and the helpers do test to know who will be the opener.

Helpers Role during the Opening:

- Before proposing the person, the helpers must gather and see if the applicant meets the requirements, then a test must be done and check if the person really have the time to do the helper work.
- She/he must have attended to three openings at least. It was recommend that the applicant waits between 3 to 6 months.
- There are helpers who have the old card signed by Bapak, and due to that they considered themselves lifetime helpers. When the helper is "rebel" what to do with the new credentialing process?
- There should not be considered "good" and "bad" helpers; avoid confrontations.
- In the test it was asked about the significance of the opening.
- That the helper be in the right state to perform the opening due to the great responsibility that the opening means. The helper who is in the the right state is the one who will read the opening words.
- Another recommendation: each helper will take turn to make openings - in the event that there were several helpers- in order for them to have the opportunity to give the opening.
- Most important is the awakening of the inner; it is possible that a helper is in a better state than others to give the opening. (It's just a recommendation).

Another question. How many times can a helper get married?

- Proposal to read the letter from IBU, which emphasizes the desirable quality of the personality and character of a helper.
- World Congress resolved the "training" of the helpers. It is perceived a lack of effective communication among the members of the groups. This was tested. The result was that it doesn't exist the ability to listen and talk.
- It was clarified that the word used to that proposal was Asuhan (for the helpers "training"-Asuhan means care).

There are helpers who do not fulfil with their role. What would be a solution to this problem?

- It was suggested that the national helpers become involved in this issue and see what improvement solutions arise.
- It was suggested that the group of helpers become involved and that, with love- they could be aware about their behavior.

- Do not forget the Kejiwaan workshops for the helpers in order to support each other in performing their role. It is also important to socialize within the group to meet and act better.
- It is important a personal checkup, setting an example.

How can I contribute to the harmony in my own group?

- In Mexico, the International Helpers recommended more latihan of helpers and committees (local and national), and doing that it has faded difficulties. It was suggested to keep track of these meetings.
- In Subud and with God guidance we need to build a path together. We need to leave some "national structure"; sometimes overview is lost.
- Achieve harmony in the groups between men and women.

PRESENTATION OF THE STRUCTURE OF THE WSA, the World Subud Association. The Origin and process until today, by Fernando Fatah, from Mexico, Zone 7 Representative

He commented on the work done by the Council of Area 3- The Americas; the need **to rethink the actions of the International Centre Amanecer, Colombia:**

- The transfer of responsibilities for the development of the MSF and WSA projects.
- Establish a proposed GOVERNING BODY formed by the WSA chair, the Chair of the Executive, the zone representatives for Area 3, the international helpers, a MSF trustee and the Subud Colombia national chair.
- The tests about recovering the International Center Amanecer, was very positive and of great joy for the plenary.

GENERAL NOTES

- **Contributions for zone 8 - \$ 495 and 203,000 Colombian pesos- were collected.** Thanks to Helen Muñoz from Bucaramanga group who served as Treasurer during the Plenary.
- Later, with the Zone Council, we will distribute this money between WSA and Zone 8 operational work.
- It is expected to have the financial report of the meeting which will be made by Rocio Cardenas of Ecuador. Thank you very much

BUDGET RECEIVED FROM THE SPLICE IN THE PUEBLA CONGRESS August 2014 At the request of the former treasurer Amelia del Hierro, she wanted to clarify that when referring ZERO BALANCE, means no physical money received in the joint. She did not mean that the previous cash had not worked. As shown in the picture, the process of actions and the BALANCE is very well detailed in the report signed by Amelia. I apologize -as the new representative of zone 8- if there was a misunderstanding.

Thank you very much to Bapak and to you, brothers and sisters for your participation and contribution to the ZONE 8 MEETING in Quito, Ecuador in April 2015!

Thanks to our host, brothers and sisters from Subud Ecuador