



CC'd! #5

April 2009
Volume 1, Issue 5

Special Interest Themes:

- What & Why is Zone 7 - quo vadis..
- World Congress & Zone 7 news the latest..
- WSA Snippets.. latest news..activities..
- Bapak Talk Snippet.. don't neglect religion..
- Group Profile continuing series..



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Monthly Zone 7 eNews

Have you been CC'd! lately?

Zone 7 eNews

So we have arrived @ CC'd!#5 - our Zone 7 newsletter.. The end of Vol.1the end of the beginning..!

The season of spring congresses/AGMs is upon us in our Zone.. The time when we travel in many cases large distances across the North/South American continents. This includes larger countries such as Mexico, Canada & the US to gather & review our inner & outer progress.. Plan for the future.. prepare for World Congress NZ 2010... Latihan & enjoy one another's company..

What & why is Zone 7?

With the Zone 7 Council meeting looming April 27-29th in Puebla, Mexico - Hardwin our treasurer makes a plea for more financial & operational support for Zone 7 & raises an important point. 'Just how much do Zone 7 members really understand the significance & rationale for the Zone 7 organization?' With weaker C\$ & Mexican Pesos against the US\$ With busy national, regional, group & individual activities in our respective countries - member awareness & support has waivered.. weakened..

Mariamah has raised the need for better understanding before. It is central to the work of national chairs, KCs + CCs all collaborating



Mattheus Kaslan, Suriname, IH as members of Zone 7 council **to support the growth of Subud throughout our zone..**

Bapak's vision encompassed a range of Subud's activities, worship, growth, interactions supported by international regional & local organizations - inner & outer (see '**Bapak Snippet**'). The kedjiwaan on a zonal basis supported by KCs; the organization by chairs/CCs.

This is a case of needing to actively support the opening of new members, the formation & development of new groups & supporting organizations. Encouraging & supporting projects of all types. The stronger helping the weaker throughout the Americas. Also raising public awareness & interest in Subud in the world.. The sharing of expertise & support as a humanitarian, cultural & youth inspired organization. Bapak reminded us "if you want a Mercedes..you need a driver..a garage..or it is useless."



World Congress News

Congress Youth Travel

Herein an update on how far we've come in fundraising for the World Congress *International Youth Travel Fund* & how far we have to go.

(US\$16,300.00 raised so far towards \$30,000.00 goal @ which point MSF & GHFP foundations match funds) This program aims to bring as many young members to the Christchurch World Congress next January as possible and benefits us all. It can be a life changing experience for those involved, not to mention the energy & ideas

our youth & bring to those of us who are not-so-young. We thank the many donors who have contributed & are grateful for the ongoing efforts, including an online art auction @

www.subudartists.com Check it out! We are looking for comments on the future of the SYA youth association.

Visit www.subud.net to respond to "[Envisioning the International Youth Structure](#)" love Rhyana Blakeley and Hamilton Manley, SYA Activities Co-ordinators, wsasya@gmail.com



"..tell me again.. how do I become a Subud Youth...?"

World Congress Registration..

Dear brothers & sisters, We hope as you read this the World Congress site is available for registration. Early bird registration limit has been pushed back to May 31st. You can start booking flights, research accommodation, (we have quotas reserved with the hotels so discounts will still apply), those needing visas can start the process & contact:

office@subudworldcongress2010.com to receive the invitation letter etc. Please share this information & check:

www.subudworldcongress2010.com. We do apologize for any delays & inconvenience. Thank you very much, Garrett, Osanna & Maya

Discount Air NZ airfares

Air New Zealand is supporting the 13th Subud World Congress by providing discounted fares from around the world to Christchurch, New Zealand. Discounts are for round trip fares commencing travel between 26 December 2009 and all travel must be completed by 28 February 2010. Please note:

a) To get the discount people must book via the Air New Zealand website.

b) Discounts only apply to certain tariffs. Only when actually booking will people be able to see whether the discount applies when they fill in the code. To book your Air New Zealand discounted

fare please click on the link to your regional Air New Zealand homepage and enter your promo code on the Air New Zealand homepage (@ bottom of the left hand column). At present we only have promo codes for **USA:** www.airnewzealand.com & **Canada:** Air NZ promo code SUBUD10CA - www.airnewzealand.ca

Zone 7 News

Zone 7 Meeting Agenda

Zone7 council meeting. Draft agenda. 1.Ensure continuity for the next zonal council; 2. Show the value of Zone 7 to the membership; 3. World Congress preparation as a zone; 4. Networking Subud members projects in the zone; 5. Updates from member countries;

We will have delegates from Canada, USA, Mexico, Caribbean and Suriname, plus 2 IH's & Osanna our WSA chairperson.

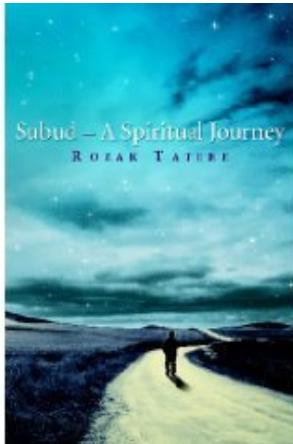
Canada

Has completed its AGM in Vancouver area April 9-10; this was followed by a retreat to nearby Loon Lake resort/camp;

Mexico

Preparing for national congress April 24-26 & Zone 7 meeting to follow April 27-29 in Puebla; UMA Volunteer Camp July 5-18th 2009; calling all youth & young @ heart! Come & help develop UMA youth programs; infrastructure; kids workshops; eco-tourism etc. US\$200

WSA News Snippets..



A New Book

Former ISC chairman, Rozak Tatebe, has written "Subud - A Spiritual Journey"...

Jazz Fundraisers

Luther Schutz and Elisha Gullixson offer an evening of jazz to fundraise for the International Youth Travel Fund, and for the Subud Skagit Valley/Bellingham house maintenance fund. Susilawati Bryant sang at a fundraiser for an Anglican Public Hospital in Gaza, raising \$2500...

The World Congress welcomes artists

a call for artists and performers to start planning their involvement at world congress...

Kalimantan gold corporation faces tough times

recent communications from the kgc team share the strategy being developed to keep the company afloat during these hard economic times...

Subud artists on-line

two young members, Immanuel and Brianna Bryson-Haynes, launch a website to auction

subud artwork in aid of the international youth travel fund...

Taking shape

as though they don't have enough work to do preparing the space for world congress, the Christchurch Subud group is also in process of building a second hall...

YUM expands its work in Aceh

With funding assistance from the Japan National Council of Social Welfare (JNCWSW), and in collaboration with the local government, the Yayasan Usaha Mulia (YUM) has built a centre for child and family welfare...

Being Present in 2009

Amalia Rasheed speaks about the WSA's participation at the Parliament of World Religions in Melbourne, Australia, December, 2009...

Invitation from Mexico

Subud Tlaxcala celebrates its house of ten years, Subud Mexico celebrates 50 years of Subud. Everyone's invited to join in...Read these stories @ www.subudworldnews.com

Amanecer 2009

The Volunteers without Tears team is coordinating a volunteer work camp this summer @ Amanecer, Colombia, whose aim is to encourage youth participation in Subud through Susila Dharma work. We need to reach people to tell them about the



opportunity. We need to ask for your help - it's been very difficult to reach people to publicize the camp.

In order to accommodate requests, we will be accepting applications for the summer volunteer working camp in Amanecer on a rolling-basis

it will be a 4-week long camp, from **June 12 to July 12**, whose purpose is to assist a Susila Dharma project by building classrooms, cutting pathways, & teaching children at Fundacion Amanecer. There will also be a strong kejiwaan component, as well as cultural immersion and weekend excursions. More information on the camp is available @:

<http://blog.susiladharm.org/2009/02/23/colombia-work-retreat-help-it-be-a-success/> Financial

assistance may be available on a case-by-case basis. A copy of the application is available (in both English and Spanish). Please direct any inquiries

<<mailto:alexandra.woodward@gmail.com>> Amanecer





“..Bapak wants to warn you not to have the misconception that when we are opened in Subud



we don't need to practice our religion any more..”

“..We need the inner and the outer - just the kejiwaan is not enough - we also need to exercise our



physical self and be able to relate to people around us...

..so for that reason it is not right to abandon your religion..”

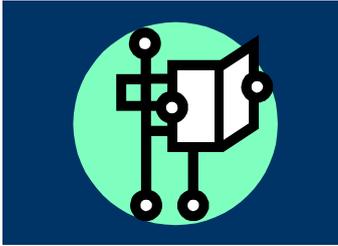
Bapak Snippet.. 86 CDK 11
Do not neglect your religion
 “Now, the most important thing for all of us is the latihan. And therefore Bapak will start with the latihan, and later Bapak may give a talk, just enough to give some explanations or clarifications. But the main thing for us is the latihan. It is a receiving that should fill our whole being. This will bring our jiwa to life, which is why it is called the latihan kejiwaan. It is to exercise our jiwa, to bring our jiwa to life.

Apart from that we also need to exercise our body, and that is why we have religion; that is why we have the shariat (religious observance). For that reason Bapak wants to warn you not to have the misconception that when we are opened in Subud we don't need to practice our religion any more. It is not alright then to forget about the shariat: our five daily prayers or, if you are a Christian, observance of the Christian the religion. Because that means that you separate yourself from your fellows.

We need the inner and the outer - just the kejiwaan is not enough - we also need to exercise our physical self and be able to relate to people around us. So for that reason it is not right to abandon your religion; you should go on practicing your religion. It is very important for you to be people by saying, “The latihan is enough, you don't have to practice your religion.” If this happens it will lead to the

decline in your jiwa, decline in the spiritual field. Indeed, if you look at it in passing, you might get the impression that your latihan doesn't seem to change, you don't seem to make progress. But don't misunderstand; the fact is, there is progress. The latihan kejiwaan is the latihan of the jiwa. This means it is a time when your nafsu stops, so what the jiwa needs is this stopping of the nafsu. It is like when you die, your mind cannot work, and if God then gives you His grace, then in that state your jiwa can develop and grow. So of course if your jiwa develops and grows, that is for the good for your jiwa; it is not for the good of your outer, because that has its own way and its own development.

Bapak wants you to be very clear about this and not get fed up or bored, or feel that it is uninteresting to do the latihan because it is always the same, or because there doesn't seem to be any progress. That's the way it is - in the kejiwaan you cannot make use of your mind or your nafsu or your intellect; you can't influence it or speed it up. On the contrary. So for that reason you have to do just the opposite: you have to surrender, you have to have patience, you have to have acceptance in following the latihan....it is in fact an enormous good fortune for you - one without comparison - that you have been able to receive the latihan kejiwaan”



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*"Have you been
CC'd lately?"*

Group Profile (continuing series) Subud New York..recent events.. by Miki Hayden

Last fall, on Saturday, November 8, 2008, Subud New York welcomed more than 100 people to our 50th Anniversary Celebration of the Latihan in New York. Members enjoyed latihan and meals, films and talks.

In February, the regional helpers visited and met with SNY helpers, board members, and members. As a result of their visit, the Dewan had a special morning latihan and testing.

Recently, Subud New York conducted two fundraisers and collected over \$1,300 for the International Youth Travel Fund in memory of Lucien McFadden. The fund will help youth attend the 2010 Subud World Congress. On May 17th after latihan, a 100-day selamatan will be held at the Chelsea Center for long-time member Lucien.

The center continues to hold monthly potluck suppers, generally on the second Friday after the 6:30 PM latihan (but call and check the schedule if you plan to attend).

Subud NY women!!



Next CC'd! - May 2009

Please send news, views, snippets & small pictures for inclusion in our Zone 7 eNews..

Luke
CC'd! ed.



Grace (KC); Rohiid (NH); Hamilton (KC); Miftah (NH); Subud Canada kedjiwaan team SCAN AGM Vancouver April 2009

