

Pamulang, April 9th, 2015

Zone 4 Meeting and Gathering from April 28th to May 3rd 2015

To my Subud brothers and sisters whom I respect and love:

I thank Almighty God that today I am able to send a message to the Zone 4 meeting, which contains some advice and a story. Indeed, as I grow old, I have had to reduce my activity in the *kejiwaan* if travelling is involved. Even so, I am never lonely since I am kept busy at home with correspondence.

Although each of God's subjects possesses a jiwa or soul that lives eternally, this knowledge of the soul is indeed something new. With the arrival of Subud, received by Bapak through a grace from God, Subud members have begun to get to know their soul through doing latihan.

In countries where Subud is new, due to language difficulties, members do not get adequate or enough explanations. We are working to resolve that and translations are being prepared from English into the languages of those countries where groups need explanations.

Since Bapak left us, the task and responsibility for carrying on Subud rests with us now. And I, as a senior member in Subud, truly appreciate your willingness to serve as pillars of Subud to carry out Subud's mission.

In the history of life, this knowledge of the soul is something new. One can only follow it by doing latihan; one cannot study it. For that reason, do your latihan with full faith and acceptance, so that you will be able to receive the reality of Subud and witness its truth. You need that since Subud does not have a holy book containing advice for people. You can find plenty of advice that you can understand in your religion.

Today, by God's will – to perhaps balance the technological advances in the world – God's subjects have a direct connection with God and God's power. God sent this connection to humankind when the power of God touched Bapak's soul, which led to Bapak receiving experiences in the realm of the soul that are beyond the mind, while in a state of full consciousness. We call the movements and feeling that arise from that contact the latihan. By God's will the latihan was not just for Bapak, it is for anyone who needs it and wishes to devote themselves to serving God through the soul.

After Bapak's experiences had continued for a thousand days, he received that he could open friends who were interested. With the passage of time and growing numbers of people wanting to do latihan, he appointed members to the dewan *kejiwaan* and gave them permission to open new members. He called those members on the dewan *kejiwaan*, 'helpers'. In Indonesian we call them, pembantu pelatih or 'assistant coaches'. The helper's task is to assist Bapak while also developing his or her own latihan, since the latihan has no end to it and will even continue in the next world.

Today Subud is almost a century old and has spread to eighty countries. Subud members who are still young will one day take over as the pioneers who will guide Subud forward, working in the organisation and in the *kejiwaan*. As a representative of the old generation, I urge you to have complete faith in Almighty God, to work together harmoniously, and respect each other in the organisation and in the *kejiwaan*.

This concludes my brief address concerning the origin and arrival of Subud. Members in new Subud groups need to hear something about that, since they do not get sufficient explanations about the realm of the soul.

Let it be that this gathering will be a success and will produce a good result for the development of Subud in future.

Sincerely,

Ibu,
Siti Rahayu Wiryohudoyo