



Z3N IS THE JOURNAL OF ZONE3 AND IS FOR ITS MEMBERS, GROUPS, REGIONS AND NATIONAL OFFICE HOLDERS, SHARING INFORMATION, NEWS AND ACTIVITIES OF SUBUD MEMBERS.

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C O N T E N T S Z O N A L N E W S .

Zone3 meeting, 16-20 April, Tirrenia, Italy

The Zone3 meeting this year was held in a former convent at the Tuscan coast. Simultaneous and sometimes intergating with it, the national youth coordinators met. In the country reports the common focus was on responding efficiently to members needs. It was agreed that congresses and other events should be opened to international visitors and that the zone will publish a monthly agenda. For next year there was the unanimous feeling to have a Gathering around meetings of zone 3 and 4. National committees are investigating to organise this.

Congress Subud Netherlands, 20 -22 June, Groesbeek

Congress started already on Thursday afternoon with a meeting of the national committee, national helpers, Susila Dharma and youth and international helpers Farah Cwziertnia and Andrew Holloway. During the weekend almost half of the active membership participated. Youngsters and children had their own programme. Young members performed during the Saturday and in the evening there was a natural balance between socialising and the quarter finals of the European Football Championship (Holland lost against Russia). The discussion about the Subud culture evolved more into a sharing on personal development than a discussion about the culture of our organisation.

Snowcamp 2008, Les Marecottes, Switzerland

Matthew D'haemer looks back on the ski camp, a tradition that is being kept alive by dedicated young members. He connects that camp with earlier experiences at Gatherings, as Holland 99, and emphasizes the big impact these events have on particularly young and newly opened members. The camp was much more than a skiing exercise, apart from latihans it had open circle sessions and workshops: 'Subud events are more than cool holidays with quality latihans, they can be transformative, they help reach critical momentum.'

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Meeting of national youth coordinators, 16-20 April, Tirrenia, Italy

The national youth coordinators with Rhyana Blakely and Dahliani Drezja observed that the gap in age distribution of members is much less in countries with a youth caring culture. For the three different target groups, Subud children, Subud teenagers, and young members, the Subud children should have a different coordinator. For newly opened young members it is crucial that they meet with their Subud peers. National youth coordinators are often in a helpers role, it is important that they work closely together with national helpers and national committees. Subud youth activities can be a good introduction to non-Subud friends. For international contacts a zone3 facebook group will be set up.

Visioning meeting British national council, 22-24 February, Norwich

The national council of Subud Britain had a visioning weekend in February, a goal setting exercise with the aim 'to build a collective understanding of the national council till 2010'. The common threads through the discussions were the need for a common project, how to cooperate more closely at every level and especially with the wings, how to make ourselves a respected organisation. In practical terms this could boil down to Subud properties in connection with enterprises, setting up of schools, nursing homes, therapy centers. In the next two years an implementation plan will be developed.

The zone3 agenda will be published separately on a montly basis.

A R T I C L E S

Zone3 meeting, 16-20 april, Tirrenia, Italy

This year the zone3 meeting was held in the same venue as the Italian congress in January in Tirrenia, at the Tuscan coast. On Thursday the kejiwaan councillors met by themselves. In the evening they were joined by the country delegates for latihan. Simultaneous with the zonal meeting and sometimes integrating with it, the national youth coordinators met together with Rhyana Blakeley, SYAI co-chair, and Dhaliani Drejza, zone3 youth coordinator. (see separate report)

The best part of Friday was spent on country reports and zonal business, followed by a meeting with the youth coordinators. After lunch Andrew Holloway read Bapak's poem on 'being enterprising'. Saturday was for international affairs with at the end of the day a meeting on zonal finance. As many delegates had to leave on Sunday before lunch, there was after latihan only a short farewell meeting. The kejiwaan councillors participated in the meetings and regularly broke out to do their own business.

Country reports

In the country reports the common focus was on response to members needs. Also Subud Britain has to give a lot of attention to the management of their properties. The British council had a visioning day in February with enterprises and social projects as main topics, in the sense of the 'way of working together'.(see separate report). The Lewes group is looking for a larger Subud house, probably including an enterprise. Loudwater is seriously investigating the purchase of the property, with the idea to combine Subud use with a commercial and social enterprise. The house is already functioning as a local social center.

Subud Spain has about 100 active members in 6 groups. The groups are very different with their own culture and language. There are no projects as such, but incidental events are organised. An example was the public spring festival organised by the groups of Alicante and Elche. They had food and drink and arts materials for the children and youth. It was a big success and resulted in some new members. The national committees of Portugal and Spain have taken the initiative to restart Subud Iberia, a cooperation that aims at common projects and events.

Subud Italy has decreased in membership, they have lost a whole group. Each year 10-12 new members are opened, but only a few stay, the others quit coming to latihan very soon after their opening. They have not yet found the key to solve this.

The French national committee visits the groups together with the national helpers; they want to support the groups to become more active. They plan to start a Bed & Breakfast network for travelling Subud members. The proceeds will go to the wings. This is also good to involve isolated members.

In Portugal Lisbon has initiated the Forum of Initiatives for cultural development, reported in the October issue of last year. They are looking for ways to legalise this activity.

It was agreed that congresses and other events, organised in the countries of zone3 are open to members from other countries. The zone will publish a monthly agenda.

International, World Congress

On Saturday time was spend with Maya Bernardes on international affairs. The official dates for the World Congress in New Zealand are 4 Jan 2010 arrival and 18 Jan departure. At congress there will be a large need for volunteers, the aim is to make the workload less than in Innsbruck. It will also be relatively easy for young people to get a work permit for New Zealand. There may be a

virtual congress for those who can't come. For the content of the congress input is requested from the countries.

ISC prepared a preliminary list of voting items that was discussed at the meeting as a first trial to sound reactions. It will be further adapted and then sent to the WSC and to the national committees for reactions. On the list were continuity in the organisation, election and testing of the WSA chair and the executive chair, new zone-reps to be appointed at least 3 months before congress (meaning next summer for zone3), and good job descriptions for all functions.

Further we talked about the 6 official Subud sites that are in preparation: subudlibrary, subudworldnews, subudlife, subud.org (the site of the organisation with pages for the zones and a virtual office), subud.com (for the public), subud.net (an interactive members site).

And finally we talked about the now running initiative on our own Subud community. There is no strict time schedule for reactions, but some input was already received. It would be nice to have some results in July, that could be presented at the WSC meeting.

Next meeting

For next year's meeting there was the unanimous feeling to combine it with zone4, embedded in a Gathering. National committees are now investigating if they could organise this.

Kejiwaan councillors

The kejiwaan councillors started on Thursday. Men and ladies with international helpers Andrew, Jorge and Heloise talked about the individual countries. Topics raised included: confusion in a country as to the work of the kejiwaan councillors, treating the latihan as only spiritual or like going to church and not seeing that the latihan should be brought into our daily lives, different approach between helpers who knew Bapak and those who haven't, some mixing of the latihan with new age or other practices, a polite and nice helpers group but not testing together, reluctance to dealing with or admitting problems, not using testing in the right way but using it to solve everything in life, good feeling of harmony in the national dewan, helper days and weekends, kejiwaan gatherings for members, working with the national committee. Also particular aspects of work of kejiwaan councillors were discussed and tested: how we face our difficulties, support each other, what were the priorities in each country, our perceptions and the realities, how can we move forward. In a special latihan with the committee members their role in their country and then in the zone was received. The kejiwaan councillors tested which congresses across the zone each of us should attend. This part of the Zonal dewan work has been tested and received as one of great support, and a marvellous aspect of the work of the Zonal dewan

Bapak's Poem

Cilandak 3 February 1980 (read by Andrew on Friday afternoon)

*Do not ever be disappointed or depressed; you have received the
guidance of God which manifests itself in the latihan kejiwaan.
Which means that you have been approached by God or that God is
close to you in everything you do.*

*Then why are you still fearful and worried in acting or doing
something in your life?*

*God will bring you proof of this if you truly act in your life, based on
faith in the greatness of God Almighty.*

*You will have been purified by the way of the Latihan Kejiwaan which
you received.*

This has been like an opening of the way of your life.

But you are still not serious enough in your approach to your work or duty

*in
this life.*

*Therefore follow what has been told to you, that it is necessary for all of
you to do an enterprise, in order that you can learn the true meaning of
Mudjizat, Kodrat, and Irodat.*

*Madjizat is the way of God's Grace, Kodrat is God's will in all
things, and Irodat is the way of man's own effort*

Congress Subud Netherlands, 20 – 22 June, Groesbeek

Erica Visman, committee councillor, reports:

‘Like previous years the congress was held in the Bahai Centre in the middle of the woods near Nijmegen. Actually the congress started already on the afternoon of the 19th in the Rotterdam Subudhouse where the international helpers, Farah Czwiertnia and Andrew Holloway, met the national helpers and national committee as a preparation for the congress. We did latihan and testing, among other things about the state and needs of Subud Holland and what each one of us could do to help fulfil these needs. During the meal with delicious soup and bread we were joined by members of the SD-committee and our brand-new two youth coordinators. Latihan and testing together, also with the wings, proved to be a good start for a successful congress and all those present felt happy and satisfied.

The congress started the next day in the afternoon with a kejiwaan meeting for the members. We were surprised to see how many members arrived already on Friday. About 50 members stayed for the whole weekend, about 70 members attended the congress on one or more days, half of the active membership. Apart from the international helpers we welcomed as foreign guests Richard and Marianne Harvey and Sergio Moreno as kejiwaan councillors and Carla Moreno and Insiyah Gonsalves as committee councillors.

On Saturday, after latihan and extensive testing, we had our AGM which run smoothly in a lively atmosphere, even the discussion about finance went well. The national helpers mentioned in their report that they want to give more attention to the functioning of the local helpers. Sabrina Castillo reported as vice-chair about the situation and development of Susila Dharma in the Netherlands. After a difficult start the (new) team had found a balance, the tasks are divided and the team is functioning well. Subud Youth was very active during the congress, 14 youngsters and 5 children were present and had their own programme, organised by the youth coordinators. At the end of the congress the youth had their own latihan which they said to be very special. Although we don't have an active Sica coordinator at the moment, Sica was present during the congress and there were several performances of young people: Roberta Petzoldt showed a videofilm that she had made, Kristin Ronnevig, who also had given a clownsworkshop, performed as a clown and did a mime-act together with Lydia Sillem and Beatrijs Wessels proved to be an almost professional singer.

The international organisation also got attention. Leonard van Willenswaard explained the way MSF is functioning and Reinbrand Visman gave a clear explanation about the way Subud is organised internationally, which was especially important for the newer members. In the afternoon we divided in small groups to discuss the 2nd WSA initiative about our Subud culture. This went very well, but a quick look at the results learned that most members are more involved with their own development and how the latihan changed their lives, than in the culture of the organisation. Saturday night stood in the sign of European Football Championship. The addicts were looking at a big screen in the lounge to see how Holland went down in a match with Russia!

On Sunday we remembered Bapaks birthday. Ibu Rahayu sent us a message, that was read out at the beginning of the congress. Liana Huibers read out Bapaks last words from ‘remembrances of

Bapak's last days', we had a lot of cake and looked at a part of the dvd 'Bapak: The man and his mission', which was received very well and quite a few members wanted to see all of it. '

Snowcamp 2008, Les Marecottes

Matthew D'Haemer reports.

'I always had a good pre-conceived idea of the snowcamp, friends that have been in the past always raved on about it. I love skiing and Subud events and I always thought I'd go some day, when I'd have the money/time... It's funny the different stages of reflexion one can go through when deciding to go to something, or not. How much is it going to cost, have I got the time, the effort of planning and organising all the details...etc... But then on the other hand you visualise the event and see what you will get out of it, the fun, friends, meaningful effect on us...

A few months after I got opened in Wales, I was thinking about going to the Holland99 event, and these thoughts were running through my head and then one of our helpers said "don't look for reasons to go, but look for good reasons why you should not go..." it completely transformed my thinking... even though I had never been to a Subud event I knew that it was important and that I didn't have a good enough reason to not go... Going profoundly changed my life and the place Subud now has in my life... the time, money, efforts to get there were completely negligible compared to the experiences I had and the new friends I met there.

During the summer I heard about the snowcamp and it crossed my mind and thought briefly, it would be nice but the time, money, effort pushed it back out of my mind. A few weeks before the camp I got an email from Dahliani (Zone Youth coordinator) saying that as the camp was not full and the zone would help fund some people to go, if money was a barrier to them. So I thought again and couldn't find a good reason not to go. (Thank you Zone!!)

The trip went smoothly and I arrived in Les Marecottes, a beautiful non-touristy village high in the Swiss mountains. The hotel was modern and nice, and Sebastian and Leuthold's family, the key organisers of the camp greeted me with big smile. (a nice bunch that lot!!) The snow was great, and skiing with Conrad and Alwina (the only 2 Leuthold's to ski/surf) was really great. We had so much fun! But the skiing was a only small part really. Many evenings the Mafia battle raged on till very late (the best game to play in big groups) and there were 2 really great parties with lots of dancing and fun. Most evenings the fun went on till past 6am. New Years Eve with fireworks and bon fire. The food was fantastic (I'm a fussy vegetarian and they even satisfied me), an interesting and fun Fondue night. The people in general, made *that* extra effort with everything to make the camp not just a good camp, but a really great camp!!

As I'm into natural medicine, I did a little presentation on iridology (the science of analysing the iris to find clues about a person's health status). The people enjoyed it and I then offered a couple of afternoons doing iridology sessions, which raised 200€ for future Subud events and youth/travel fund.

Roselind Jelman helped Sebastian with some of the open circle sessions and offered some self development workshops. There was a wish that the camp would be a *Subud* snowcamp and not just a snowcamp, thus more emphasis on Latihan, testing... and inner content. It was a perfect mix of fun and inner stuff. I personally had a couple of amazing kedjiwan afternoons.

During the last days "open circle" it was very apparent that the event had been a great success for everyone. People talked about how important these events are in people's lives and how they reawaken enthusiasm and catalyse inner growth. David Anderson talked about a camp in Scotland he went to when he was younger and that it had made major impact in his life and that he measures up other events against it, he felt that this type of camp was like that. Most youth on numerous occasions said how profoundly they had enjoyed the whole camp, and not just the

partying side of it. Like with me in Holland99 and Big2002 these events have major impacts on my life and the development of Subud, as a whole, is strongly influenced by this. We all agreed that it is very important to keep these camps alive, and to give the organisers the backing required to make it possible.

In conclusion: Subud events are more than cool holidays with quality Latihans, they can be transformative... they help reach critical momentum, they make us grow and they are crucial in the development of Subud. Our inner connected level is subtly higher and we allow ourselves to be closer to the state we really want to be in all the time.'

Meeting of national youth coordinators, 16 – 20 April, Tirrenia, Italy

Simultaneous and sometimes integrating with the zonal meeting, the national youth coordinators met. The meeting was attended by Rhyana Blakeley- Co International youth coordinator, Daliani Drejza- Zone3 youth coordinator, Salman Rogers- Co British youth coordinator, Hallim Korzybski – France, Maryse Lorot- Spain, Celia Seco- Portugal, Regina Rodenburg- Netherlands.

From the report of Rhyana Blakeley.

'Over the past two years the national youth coordinators have changed meaning that the team has also changed, there was almost a completely different team for the past three meetings. This has meant that we have ended up covering the same ground each time we met and not really moving forward.

The first topic to be discussed was: what is Subud youth for? It was observed that the gap in the age-distribution of the members is less in countries with a youth caring culture. The mention of three groups came up: Subud children, Subud teenagers and newly opened young members. There was the feeling that Subud children should have a different coordinator as their practical needs and tastes are very different. It is important for Subud parents to bring their children into the Subud family and communicate with them about Subud. National congresses should be open to families, and appealing to young members. For newly opened young members it is very important to meet with their Subud peers, so that they can keep in touch with their inner until the latihan is stronger within them. In this way they feel less like an alien when they spend time with other young Subud members, who may share their outer lifestyles and also share their Subud life. In that respect youth coordinators are often working in a helper role, where youth would come to them with both personal and Subud problems. It is really important that youth coordinators work closely with the national helpers feeding back what they are told, and also given support from both the national helpers or their local group helpers

Subud youth activities can be a great introduction to non Subud friends. In Subud Britain it is a big part of their youth culture that if a friend is interested in Subud they are taken to a youth weekend. This results in many more openings in a year than in other countries in the zone. But it also brought up that in some cases established Subud youth can be very exclusive, in terms of language and also because of the fact that they know each other well. For the next congress it is planned to have a young member at the registration desk to greet new young members. But also youth coordinators need to be aware of those who are being left out at meetings. It might help to have a buddy system for foreign youth, to overcome language problems and social hesitations. For international contacts also the idea of couch surfing was proposed, where people can travel around and stay at each other houses. With the help of the International Youth Travel Fund youth activities and participation in projects in another country could be stimulated. Profit of the new publication of Bennett's book will go to the youth travel fund. It was proposed to create a zone three youth facebook group.

Most of the functions in Subud are done by older members. The young members are aware of this, but they often find meetings boring. Together we should try to make more room for young

members, to get to know each other and share experiences, making it clear that younger members are welcome to be involved in committee work. There should be mutual trust and respect. Country reports are also made by the older members; it would be good to have an input from the younger ones.'

Vision meeting Subud Britain Council, Norwich, 22 – 24 February

From their report.

'The national council of Subud Britain had a visioning weekend in February. 'The Big Conversation' was a goal-setting exercise facilitated by Hermione Elliot and Grahame Pitts. Its purpose was 'to build a collective understanding of the key goals for National Council till 2010; to agree how these will be delivered, how we will motivate ourselves and others to achieve these aims, and how they fit in the context of a long-term vision'. To start us off, we were encouraged to speak to three people we didn't know well. The third one was to be our partner for the next part of the exercise, which was to interview each other, half an hour each way, about the best time, latihan aside, we had experienced in a Subud-related context, and why we valued the experience.

Moving on, we looked at what we valued most about ourselves in relation to Subud work, and what we valued most about Subud as an organisation. Having manoeuvred us into a positive state of mind about Subud, Grahame and Hermione invited us to look ten years ahead and dream our wildest dreams about how we would like ourselves as Subud members, and Subud as an organisation, to appear to the outside world. We then brought the focus a little nearer, and asked ourselves the same questions looking two years ahead. What will National Council be supporting and developing? How are the wings and core organisation connected? And finally, what would our three wishes for Subud be? After lunch, pairs joined to form fours, and we worked together to pull out themes from the interview material. Ideas were briefly noted on small strips of paper and stuck to a master sheet where they could be grouped and regrouped till distinct themes emerged. All this took us to tea-time and a welcome break. Then it was on to next stage; small topic groups were formed to brainstorm about how each of these areas could be carried forward, and to produce a list of suggested actions and specific goals to take forward a particular aspect.

A number of common threads ran through all groups and stages of the discussion: the need for a project we could all commit to and work on together; how we could all co-operate more closely at every level of SB, and especially how the Wings could be made more central - they are for helping us fly, not for standing at the sides of the main structure. Other themes included how we could best serve the membership and the world at large; how to make ourselves a respectable and respected organisation in the eyes of the rest of the world, and particularly how to gain recognition from the major faith communities.

Of course, property and enterprise figured largely, too, and were seen as key in this, with humanitarian values very much at the core. Properties would need to support/be supported by enterprises, and would be designed to serve the surrounding community as well as the needs of members. Schools, nursing homes and therapy centres were among the suggestions. The hope was that within the next two years we will have formulated a plan to implement all this and that we'll have started work on it.'