



Z3N IS THE JOURNAL OF ZONE3 AND IS FOR ITS MEMBERS, GROUPS, REGIONS AND NATIONAL OFFICE HOLDERS, SHARING INFORMATION, NEWS AND ACTIVITIES OF SUBUD MEMBERS.

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THE GATHERING 'EL CAMINO', 23 - 31 MAY, SPAIN

Subud Spain, Portugal and France are organizing a big gathering in Poio, about 50 km from Santiago de Compostela in northern Spain.

The venue is the Monasterio de Poio, a fully renovated monastery with over 200 double rooms, meeting places and a church for latihan. It is set in beautiful countryside, near the beaches of the estuaries of Rías Baixas. The Camino is of course the famous pilgrim's road to Santiago, but it means 'the way', open to many interpretations.

Poio is a small village some 10 kilometers from the provincial capital Pontevedra.

Bookings are being taken by each country. Contact your national committee. There are still plenty of places available .

Preliminary Programme per half April.

Every day there will be:

Breakfast from 8.30 – 10.00

Lunch from 14.00 – 16.00

Dinner from 21.00 – 22.30

Latihans will alternate between 10.00 -11.00 one day and 20.00 – 21.00 the other day.

On Sunday morning we'll have a general opening of the gathering, and further by kejiwaan activities.

Monday and Tuesday are reserved for workshops and excursions. Wednesday is the general excursion to the Camino and Santiago. Thursday Susila Dharma will do presentations. Friday there are workshops and presentations on the World Congress, Orjiva, Bucelas and Loudwater. Saturday again Susila Dharma presentations, workshops and excursions and in the late afternoon the closing session of the gathering. There is still space for workshops and presentations of member's activities.

*If you have idea's or want to present something, please contact Muchtar: muchtar.martins@tuatara.pt
Other suggestions for the programme in general to zone3@kpnmail.nl or palomavinaferrer@hotmail.com*

Transport

The monastery of Poio is 42 km from the international airport of Santiago. Next to other airlines there are daily flights to Santiago by Ryanair from several European airports. There are several flights per day from Madrid and Barcelona. Also there are comfortable trains and buses from Madrid to Pontevedra.

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We will collect travelers from Santiago airport.

Please inform us as soon as possible on arrival date and time and your flight number, same for departure, if you have not already done so.

If you travel to other airports or destinations near Poio, please inform us. We'll see what we can do.

Cost of accommodation

Most of the information was already given in the booking forms, but we just sum it up again.

Only for full board, prices including taxes, per person, in euro .

	adults		Children 6-15	
	For 8 nights	Per day	For 8 nights	Per day
Double room with bathroom	304	41	213	29
Double room with washbasin	256	35	179	25

Children from 0 – 5 years old are free (ask for a cot or bring your own) .

The registration fee for the full period is 60 € for adults, 42 €for children from 6-15 .

Day visitors pay for registration 15 €per day for adults and 10 €for children from 6-15 .

Extra days

You can book for extra days, before 23 May and after 31 May at the price for a single day.

Single rooms

The price for single rooms, only for rooms with bathroom, only for adults, in euro's:

For 8 nights	380
Per day	50

If it is important for you to have a single room, for medical reasons or because of age, you can have a discount. Please contact your national committee, or send an email to caminopontevedra@gmail.com

Other activities and meetings

During the gathering zone3 will have its annual zonal meeting on Sunday afternoon, Monday and Tuesday. The new zonal coordinator will be appointed at this meeting. On Friday the zone3 council will meet with representatives of the World Subud Council to talk about the World Congress. Further the Muhammad Subuh Foundation will meet in the second half of the week, and on Sunday 31 the World Subud Council will start its annual meeting running to Friday 5 June.

C O N T E N T S .

Last year we did not publish some congress reports due to a lack of time. Although late we make up for that omission in this issue.

Congress Subud Ireland, 18- 21 July 2008

The congress of Subud Ireland concentrated on the special situation in Ireland with mainly isolated members and a few tiny groups. They agreed to have a national simultaneous latihan once a week. Next to that the national committee gives much attention to communication and meetings, to connect the members. Although small in membership, Subud Ireland aims to support at least three delegates to the World Congress in New Zealand.

Congress Subud Britain, 16 – 24 August 2008

Subud Britain had its congress again in Wolverhampton. The venue is not ideal, but it is difficult to find a location that will cater for campers up to en-suite rooms at a fair price. A proposal at congress to nationalize all Subud properties met resistance, as it would remove responsibility and control from the groups. The twinning process with Nigeria is still in process, there is an opportunity for a trading activity. The acquisition of Loudwater Farm is taken up seriously, see www.loudwaterfarm.org .

Congress Subud France, 30 October – 2November 2008

The congress of Subud France had many international visitors, what with the strong British contingent living in France, added a special flavour to the meeting. Pak Harjono and Ibu Ismana were invited and shared stories and anecdotes of their lives in Subud. In her report Osanna Vaughn gives special attention to an enterprise workshop by Joseph Delcourt, a successful consultant for entrepreneurs setting up or expanding a business.

The zone3 agenda of events is attached to this issue

The website for the World Congress in New Zealand is now available:
www.subudworldcongress2010.com.

A R T I C L E S

Congress Subud Ireland, 18 – 21 July 2008, Burren Holistic Center

The Congress was held in Burren Holistic Center, in the middle of the nature reserve the Burrens, a landscape of softly rolling limestone hills. Some 12 Irish members collected there and 7 visitors, kejiwaan councillors from Belgium, England and France and a committee councillor from Holland and the zonal coordinator. Ireland has a special situation that it has more members in isolation than in groups, and even then the groups are small. The main emphasis of the chair Raphaela Heaslip for the past two years was to connect the members. Morfin Clarken submitted a report on Susila Dharma activities, mainly support of overseas projects. The funds come from members contributions via the national accounts of the trust. (Subud Ireland is organised as a charitable trust)

Irish kejiwaan councillors Donna Coogan and Michael Sones reported that two new members were opened. They have to travel quite far to attend group latihans (in Ireland travel distances of 2 hours one way to latihan are not unusual). There was a woman's weekend with chats, walks, tests and latihan. There was a gathering at Bapak's birthday.

Subud Ireland wants to change its constitution. They want to replace Indonesian terms by English and the organisational structure has to be changed. This was based on three strong groups, now it should be based on isolated members. The structure was strict, it should be more loose.

National treasurer Halimah Mc Namara motivated the members to support three, or maybe four delegates to the World Congress in New Zealand. .

In the evening a testing session was done about the needs of the country. General feeling was that Ireland needs strong latihans to come out of its impasse, as the members are so thinly spread out. The proposal is to do one latihan per week simultaneous in the whole country.

Congress Subud Britain, 16 – 24 August 2008, Wolverhampton

Insiyah Gonsalves, committee councillor, reports:

“The gathering and congress in Wolverhampton was smaller than usual because two years ago the venue was not popular with the membership. It must be said that it has been very challenging for the organizers to find a site which will cater for campers to those requiring an en-suite room. The general feeling was to upgrade to better facilities next year. The occasion itself was enjoyed by those present. Over the years an awareness of the presence of the latihan at all times has increased which is very encouraging progress.

The kejiwaan programme provided by the hard working national and regional helpers was much appreciated. It included trust and inner culture. This year the reports to congress were brief updates as we had all submitted written ones for the congress pack. On finance the proposal to nationalize Subud properties was generally not found acceptable by the groups, as it removed responsibility and control from them. On property the key points that emerged were that

- There is still considerable commitment to retaining and ideally acquiring properties for group use,
- There is an ongoing need for advice, information and sharing of expertise in property management matters.

Andrew Holloway spoke about Subud Nigeria and its present situation. He also introduced a possible project importing second hand in good condition electrical goods from the UK to sell in Nigeria to raise funds for Subud houses there. We also spoke of the proposed twinning in Britain with Nigeria and Annabella asked those members interested in being involved with either the twinning or the project to meet and identify themselves. It was decided that we should start communicating with each other by email and letters.

Susila Dharma presented a film of a dance project in Bradford it is supporting for young ex-offenders. It touched the feelings of those present. Members will look into other projects that they could support in their areas.

There was a presentation about the vision and plans to acquire Loudwater Farm for Subud. Information about the project and how one can support is available from www.loudwaterfarm.org .

As usual it was very good to have the presences and support of our overseas brothers and sisters at our Congress.”

Congress Subud France, 30 October – 2 November 2008, Sete

From the report of Osanna Vaughn, chair WSA:

“The strong British contingent currently living in La Mayenne, northern France, added a unique flavour, as did the large number of international visitors. These included some of the young people who had connected so deeply at La Source last summer, national chairpeople, committee and kejiwaan councillors, Reinbrand Visman – the Zone 3 Rep, 4 International Helpers, 4 SDIA directors (including myself), Maya for the WSA executive (though also a local member), Rasjid and Liliana Johnson on their way home to Australia and, last but not least, Pak Harjono and Ibu Ismana (also an MSF trustee) all the way from Indonesia.

The two business sessions – one for Subud France and one for Susila Dharma France – worked in a focused and smooth manner, which took around four hours for each and left plenty of space for less formal activities. These included many kejiwaan sessions, in groups and with individuals (I understand the youth were particularly satisfied with the work the helpers did), a number of interesting workshops, a fun evening with Pak Harjono and Ibu Ismana sharing stories and anecdotes of their lives in Subud, a tombola and dance evening, and lots of opportunities to hang out at the café organised by the youth as a fund raiser for the International Youth Travel Fund. Some people even braved the stormy Mediterranean for an early morning swim.

Particularly interesting for me was an enterprise workshop run by Joseph Delcourt. Joseph is a successful consultant who works with entrepreneurs either setting up or looking to expand their enterprises. What he showed us was the workshop he presents to his clients, and, while it centers on business, there was much that can be applied to a broader scope. Joseph's first key point is that the entrepreneur needs to be in alignment, meaning needs to *know* who he/she is and what he/she wants to do. Once aligned, he said, life starts coming towards you to make things happen. Doesn't that sound like discovering and expressing one's talents in the world, and trusting that one will receive help to realise them? Another interesting belief Joseph shared with us, is that people get into business because they want to have relationships with other people. In his mind, this gives relationships a fundamental importance – there is no room for falsity, putting on a show, or whatever, if you want your endeavours to be successful. It also reminded me of the concept that you are your own capital. The value of who you are, your integrity, trustworthiness, dependability and so on, is of absolute significance. He also reminded us that money is only a result, it can not be the motivation. Along with the more philosophical aspect of his presentation, Joseph has put together very practical guidelines of what to look out for, how to recognise one's personal scenarios, how to step outside one's comfort zone, and so on. As I said, though centered on business, many of his ideas would apply for any type of project, and offered tips that could be useful to organisations. The power point presentation we watched was in French, but I hope he will soon be able to make it available in English, and maybe have opportunities to present it elsewhere.”