



Hello Brothers and Sisters,

The CC's felt at the Zone 3 meeting in Lisbon that their task is to be the connection between the countries as well as between the kejiwaan and committee side of the zone.

In conversations with Subud members a wish of being able to connect with each other through personal sharing is often expressed. Together with the zone youth coordinator we feel that a light-hearted and frequent journal could contribute to the growth of this process. It will contain entertaining, inspirational and *personal* articles, rather than reports or official information. The input can come from all members, and can include info for the youth, personal messages, pictures etc.

We hope you will enjoy the first edition!

Katie, Margo, Sonia, Regina

P.S. Our email addresses are at the end of this journal - we will be delighted to hear from you!

Introducing the Team

by Margo van Maris

The team of committee councillors (CCs) consists of only three at this time. We happen to be the northern countries of the zone: Katie in Ireland, Sonia in Britain and Margo in The Netherlands. We hope Olga from Spain will join us soon, after she has recovered from her illness.

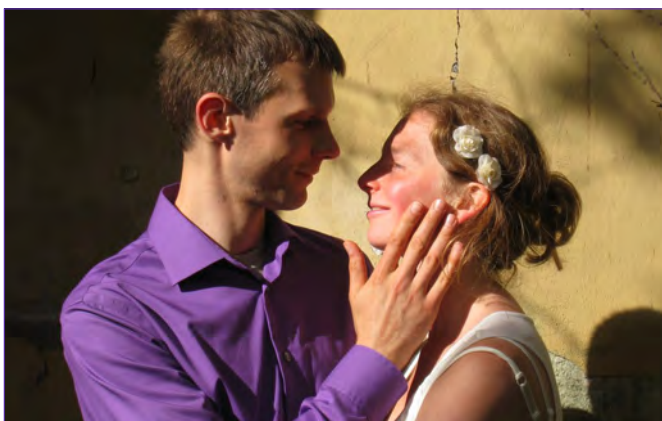
We also felt the zone 3 youth coordinator, Regina, is part of our team although she has a specific task which is different from ours.



*Katie, Margo and Sonia
For a picture of Regina — read on!*

Joining each other walking the path Home

by Feodore & Regina Ruzhenkov-Rodenburg



Here they are on many requests: some pictures of our wedding :-)

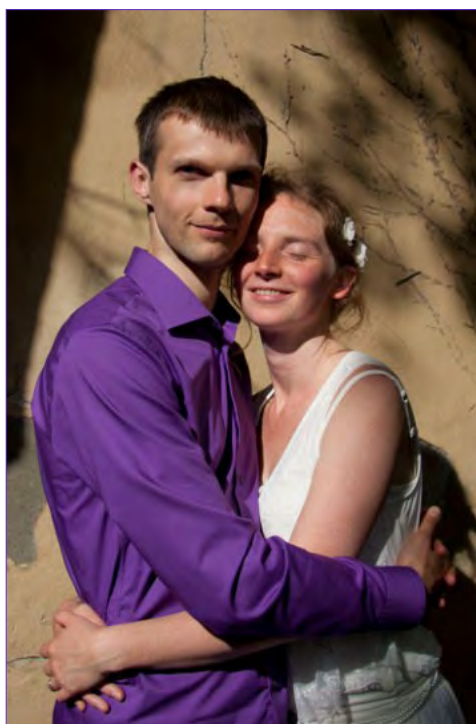
The 18th of June, the day of our ceremony, was a very special day, no words are really able to describe. Many Subud members came together to share food, prayers and fellowship with us. Everyone had brought a flower to make a beautiful bouquet. In this way the wide variety of different colors of everyone was in our midst.

We started the afternoon with latihan and testings, followed by our wedding ceremony. In a circle we listened to a piece of Bapak's talk about the importance of the spiritual marriage, followed by different Subud members sharing songs, poems and experiences with us. All building up to the moment that we shared with everyone our wish and reasons to get married, to exchange the rings and ask God for His blessings. Many languages did pass by: Indonesian, Dutch, English, Russian and even

heart language. To close the ceremony we had selamatan.

One of the many amazing feelings is that it felt so intimate as if we were only with 20 people. At the same time it felt so wide as if we were at least with 200 people together. Looking around and seeing the actual number of 50 people didn't match with any of these feelings ! Later we realized of course that so many people were with us in their hearts :-)

We had an amazing and blessed start of walking the path Home together.



On Marriage

from "The Prophet" by Kahlil Gibran

We used this text in our wedding ceremony and also received it at least eight times with wishes from people.

The text really seems to want to tell us something ;-)

*Regina & Feodore
Ruzhenkov-Rodenburg*

You were born together, and together you shall be forevermore.
You shall be together when white wings of death scatter your days.
Aye, you shall be together even in the silent memory of God.

But let there be spaces in your togetherness,
And let the winds of the heavens dance between you.

Love one another but make not a bond of love:
Let it rather be a moving sea between the shores of your souls.

Fill each other's cup but drink not from one cup.
Give one another of your bread but eat not from the same loaf.

Sing and dance together and be joyous,
but let each one of you be alone,
Even as the strings of a lute are alone
though they quiver with the same music.

Give your hearts, but not into each other's keeping.
For only the hand of Life can contain your hearts.

And stand together, yet not too near together:
For the pillars of the temple stand apart,
And the oak tree and the cypress grow not in each other's shadow.



Postcard from Lisbon

by Sonia Ray

Subud Britain's team at the Zone 3 meeting in Lisbon:

Delia Whitbread, KC

Howard Ray, KC

Paul Gawen, Chair

Sonia Ray, CC

Good morning dear Council,

Excerpts from emails sent daily by Paloma from WSC meeting in Rungan Sari

24th of June

The kejiwaan day was very fruitful and each of us could feel deeply the content of our roles.

25th of June

At 6.45 all the members — dressed for a party — went to the Muhammad Subuh Center to assist in the opening of Asia/Pacific Gathering. After a few speeches girls from Cita Buana School sang beautiful songs and Dayak dancers invited all the people to follow their dances. It was a very funny time!

More news coming!

26th of June

And now I go for shopping because I need some "material forces" from time to time to "back to Earth".

27th of June

My shopping day resulted in only two hours free.

28th of June

Two days ago, the Minister of Finances of Indonesia with 4 of his directors, came unexpectedly to Rungan Sari. He wanted to know about Subud and also about Cita Buana School because he wants to bring his grandson here. After the visit the Minister and the directors felt so shocked that now have an appointment with Pak Harjono in Jakarta. They would like to join Subud.

This is all for now. I need to go to the latihan.

29th of June

I appreciate very much your messages and your support. I feel more than ever that we are ONE.

30th of June

And now I run again because it is latihan time.



Paloma De La Viña
Zone 3 coordinator

1st of July

It was a nice day. The "Vibration" was there helping us to take the right decisions. Now, the relationship between all the members of the Council is really wonderful.

The bus is coming so I need to go.

Un abrazo,
Paloma

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