

Minutes of meeting of Zones 1&2, October 4 - 6, 2013, at Rama Gardens Hotel, Bangkok.

Attendees

Australia; Rosemary Hayward, KC; Markus Fraval, KC ; Asmaniah Fraval, NC; Amalijah Thompson VNC; Peter Jenkins, CC; An Dien Madden IH; Luqman Harris, IH ; Hadrian Fraval, ZC, ; Sebastian Flynn SICA -BOD

India; Sis. Bella Rosario, KC ; Bro. Joe Rosario NH

Indonesia, M. Ridwan, NC; Rohadi Subardjo, CC; Isti da Silva, IH; Joyowidarbo, IH

Japan; Hiroshi Iwama, CC; Saodah Hayashi, KC

Malaysia; Michael Alfonso, NC; Amarjit Singh, IH

New Zealand; Judy Gibb, NC; Veronica Herber, CC ; Rashida Lindsay Cooper, KC; Matthew Moir, KC

Pakistan; Siddqa Begum, KC ;

Thailand; Rosali Meepaibul, NC; Iljas Baker VNC, ; Norachai Thavisin, KC

Vietnam; Bustami Viet, CC

Observers and participants, Australia: Lewis Hayward, Isti Jenkins
Indonesia: Suryadi Haryono, Ibu Widarbo
Malaysia: Shantakurmari Singh
New Zealand: Devika s.
Pakistan: Jaffrey
Thailand: Sumali Agrawal, ; Sebastien Tiano, ; Hannah Tiano, ; Niramon Kuyakanon, ; Adriani Vogel, ; Istafiah Vogel, ; Leo Gerritsen, ; Rungtawan Gerritsen, ; Krisana Petchsawat
Lola Stone, ; Maneerat Inwood, ; Kris Inwood

Minutes taken by Judy Gibb

Friday, 4 October

Zone Co-ordinator, Hadrian Fraval, welcomed the representatives of Australia, India, Indonesia, Japan, Malaysia, New Zealand, Pakistan, Thailand, Vietnam and SICA Board, five International Helpers of Area 1, and several observers, thanking them all for bringing such a good representation of our Zone. Apologies were received from Bangladesh, Iran, and Sri Lanka.



The **message from Ibu Rahayu** was read, and Hadrian challenged the meeting to really focus on the future, to have the courage to stand on our own feet, to work together to face the problems confronting us.

Minutes of the previous meeting in Rungan Sari were unanimously approved as a correct record. (proposed Peter, seconded Veronica)

National delegates spoke to their reports, outlining the current situation of the membership, highlighting the aims for the future as well as difficulties facing the groups. Subud Thailand expressed the sincere thanks of their small group for the support received from many members of the Zone and from MSF for the building of their own latihan premises which would be dedicated the next day. Several overseas members of Subud Thailand (Latif and Mahrus) had been actively involved throughout the building process, visiting at regular intervals. It is hoped that some of the many overseas visitors passing through the country will be able to join in the latihan in these new premises.

Hadrian congratulated Rosali and Subud Thailand on the meticulous and generous preparations for this meeting.

The agenda was confirmed.

Reports:

Thailand: (C.C. Rosali Meepaubul) The completion of the Subud House had been accomplished at last thanks to the help of the Zone and to MSF as well as many overseas and local members, especially the Vogel family.

The new web-site that had been set up for communication about the project is now a valuable asset to encourage international visitors.

Talks are being translated into Thai and published. There are regularly 7 ladies and 3 or 4 men attending latihan, and 'honorary' group members include those who have homes abroad as well.



Vietnam: C.C. Le Siêu Việt, (now Bustami Việt), said that nationally there are 114 members, but no Subud House. Latihan is in small groups in three main areas, e.g. there are 5 groups in Ho Chi Minh

City, who meet twice a month for latihan. For the monthly helpers' meeting they rent a house. The new committee, since June, has set up a fund with the help of overseas members in Australia and US to buy a small Subud House next year. Thanks to the IHs An Dien and Luqman for their recent visit. There is a really positive feeling in the membership. Although the Catholic, Protestant and Buddhist congregations have government approval Subud Vietnam still needs a government license for Subud activities.

Singapore: Luqman reported on their IH visit to the small group there, where the membership is largely kept together by older members, especially the stalwart Mr Foong. Latihan premises, in a less than ideal industrial unit, are a problem, as the lease is due to expire. Fund-raising is needed to find a suitable location. Latihan, currently 3 times a week, must be after 9.00 p.m and noise is not allowed in Singapore.

The members appreciated the stimulus and support of the recent visit of 15 Indonesian members for a 3 day weekend.

Malaysia: Michael Alfonso outlined some of the problems of the Malaysian membership, totaling 66, of whom 37 are active. Regular group latihan are held weekly at two sites in Kuala Lumpur - the Subud House in Kepong and the Sri Kenny Condominium hall, and at Seremban. Members residing elsewhere do latihan at home and sometimes travel to other groups and participate in social or kejiwaan gatherings organized by S Malaysia.

The committee's aim is to increase the level of Subud activities within the country, encouraging visits to other groups and hoping to facilitate regular group latihan in other centres.

There is also a very strong desire to enable at least one Malaysian delegate to travel to Puebla, although this is a daunting task with the Malaysian currency so low and travel costs to Mexico very high. Malaysia is not a 3rd world country but many members are retired.

Sri Lanka: Amarjit reported on the IH visit there, which had been enthusiastically received. Many of the older members have health problems and although there are some young new members there is a feeling of

isolation in that country.

New Zealand: (K.C. Rashida Cooper) There are about 150 members, in 5 centers, 3 of which have Subud Houses. However, problems continue in Christchurch since the earthquakes, and activity throughout the country is fairly static. For the fourth year, a summer camp in January will give an opportunity for families throughout the country to meet together and encourage more activity. National Helpers meet monthly on Skype and support the N. Committee latihan and meetings.

Japan: (C.C. Hiroshi Iwama) The achievements of Subud Japan include the establishment of an enterprise aiming to introduce Japanese culture to overseas travellers. Leaflets have been deposited at the Tourist Information Centre and all hotels in Tokyo.

The Purnama Project Incorporated continues to foster enterprises such as “Bach Flower Remedies”, and supports welfare organizations such as the “International Exchange Village Inc” and ICDP. ICDP introductory seminars have been held, with about thirty participants, and they are meeting regularly. The value of this programme is especially apparent in post-tsunami Japan. Two facilitators from Japan were trained in London in 2012.

SD Japan had provided support for tsunami victims also.

Translation of Bapak’s and Ibu’s talks is ongoing, together with publications.

There are 145 active members in 14 branches throughout the country, gatherings are held twice a year and Subud Japan Committee is registered as a legal entity.

Challenges include the need to address the problems of the Tokyo property where the lease is to be renewed. Subud Japan wishes to rebuild the house to make it more attractive and to use the property for enterprises, but the landowner does not want this. Attractive enterprises are needed.

The new committee and the membership recognize the need to improve human relationships within the organization.

K.C. Saodah Hayashi regretted that, in spite of several new members each year, the membership was shrinking. The kejiwaan gathering in Osaka had fewer attending because of home problems for families, making it difficult to get away. The IHs will attend the Osaka gathering and also later in Tokyo, where it is hoped to focus on improving relationships.

Bangladesh: A report from Mr Molla was read. Subud came to Dacca in 1976 with Dr Mokaddem and, although other groups started, only one group is now active, with six members (4 men and 2 women). Many have been opened, many have not continued. There has been little change since 2005. There are no enterprises, SD or SICA projects, no funds in this very poor country with a male-dominated society. Some overseas visitors have come.

Saturday began with a prayer for God’s blessing on Halimah Thùy, a hard-working and devoted member of Subud Vietnam, who had passed away during the night.

Reports contd.

India: (K.C. Bella Rosario) The membership of 175 throughout the sub-continent of mixed ethnicities and religions has some 120 active members, mainly in southern India. 3-5 isolated members are in both Delhi and Hyderabad, but 50 - 60 members meet weekly in small groups in Bangalore and Chennai. Annual congresses

are well attended and quarterly helpers' meetings are held. The youth membership, mainly children of Subud families, is growing and active. The Coimbatore group, c 15 members, is finding it difficult to maintain numbers and they have no premises for group latihan.

Plans are advancing for the Subud India House in Chennai, and it is hoped that permission will be granted in the next 3 months for funds from abroad to be able to be accessed, and to be tax-exempt. \$68,000 is needed for the first stage of the construction. Current membership is the largest it has been for some years and it seems possible that at last real progress can be made towards establishing a Subud House to meet the needs of future generations.

Pakistan: Siddiqa Begum reported that the few scattered Subud members are at a very low ebb in her country. Conditions are very poor and there is little communication.

Indonesia: (S I Chair Pak Irwan) There are 46 branches and sub-branches in the country and there are currently three main aims for S Indonesia. First, to support the development of helpers at local and national level. The regular visits of the IHs are a great help here. Secondly, the building of latihan halls. One has just been completed in Medan, with thanks for international help too. Facilities need air-conditioning and regular cleaning as well. Thirdly, the importance of enterprise. The aim is to give 20-25% of enterprise profit to Subud, therefore this needs to grow.

Membership is growing, and communication is improving particularly through use of the internet. Some groups are trying to listen to Bapak's talks for an hour before latihan.

For Bapak's birthday 600 members gathered, and all are looking forward to the prospect of holding a future World Congress in Indonesia.

Australia: C.C. Peter invited Zone members to attend the National Congress in Queensland, Jan 12-18, 2014. Australia is pleased to have increased their contribution to the WSA, to have given \$4000 towards S Thailand's house, and to have set up a reserve fund to be used for Subud Houses. There are 12 groups in Australia, 6 of whom already have houses.

The completion of the Zone project, KJK in Rungan Sari, was assisted by the donation of \$8000 raised at a national congress.

Peter also reported on the YES Quest project. 8 young people from poor countries had been assisted to attend the NZ World Congress. The quest planned for Puebla will be for one week before and 4 days after the Congress. Facilitator training will be needed too. It is hoped that S Australia might support 4 scholarships from Australia and 4 from other countries. Peter thanked the Guerrand Hermes Foundation for Peace for their ongoing support.

A new enterprise is also being started by Harris Madden and Subud Australia – One World School.

K.C. Markus reported that there are 350 members in the country. There is an increasing awareness of the importance of helper latihan, and "living" Subud in our lives. There have been some openings of new members, there are fewer conflicts, and there is increased wing activity, thanks to the generosity, time and effort of a few key people.

There have been NH visits to groups and two IH visits gratefully received. A national meeting for helpers will be held in November at Sine Cera. There is recognition of the need to deepen our surrender, to be aware of the latihan in our daily life, and a growing awareness of the interrelation of committee and helper work, and of Subud in the world.

Iran: IHS An Dien and Amarjit had visited Iran where there are eleven members, mainly family, who meet twice weekly in the house of Ali's parents, who are not Subud members. Insecurity and the considerable difficulties of obtaining visas for visitors increase the members' feelings of loneliness and isolation from the Subud world. One lady has been opened recently.

Iljas Baker (Thailand) added that they have a regular visitor from Iran who has business in Bangkok and whose mother is in Subud.

International Helpers: Luqman gave an overview of the team's activities in the zone. All 14 countries except Pakistan and China had been visited by at least one or two helpers. Stuart Cooke, resident in Shanghai, China, and others in Australia say China is not yet ready for visits. There is an isolated member also in Dubai. Several more visits are planned and the Helpers expressed thanks for the hospitality they had received in all host countries.

Zone Co-ordinator: Hadrian is delighted with the achievements of the Zone, particularly the refurbished Kedung Jati Kafe (KJK) project, at last completed, and now available for use by the Rungan Sari school, visitors, the YES Quest, and other Zone activities. Operated by the Eco Village (Amaliya Lerrigo), the property is owned by YMS and MSF.

Subud Thailand's latihan hall is now completed, with the help of the Zone and MSF. A great achievement for the small and dedicated group.



BEFORE Renovation Dec 2012



AFTER Renovation Sept 2013

The WSC meeting in Poio in June had shown a very pleasing growth in harmony, maturity and progress. Reporting on planning for next year's World Congress in Puebla, WSA are thrilled at the concessions given by the city – the Convention Centre will be free of charge for us, saving \$US150,000! No tax will be charged on hotel rooms as well. It is hoped for 2-3,000 attendance, and the business part will be mainly in the first week, with other activities in the second week.

The digitization of Bapak's Talks is 90% completed and processed. The translation programme is continuing well also.

MSF's new trustee is Michael Heathcote, a London accountant.

The Intranet proposal undertaken by Stuart Cooke is hoped to make information more readily available world-wide throughout our organization.

The WSA budget is "running on lean". Of the annual pledges (\$US20,000) from member countries only \$18,000 had been received so far and in spite of working on a 'deficit budget', already half of the reserve from PTSW shares had now been used. An urgent plea has been made to all to contribute to WSA.

Testing for the new Zonal Co-ordinator for Area 1, to take over at Puebla.

Nominations were received for the following:

Peter Jenkins (Veronica, Asmaniah)

Suryadi Haryono (Hadrian, Markus)

Amalijah Thompson (Asmaniah, Rashida)

Markus Fraval (Veronica, Hadrian)

Asmaniah Fraval (Judy, Hadrian)

After the ceremonial opening of the new House for Subud Thailand and the first latihan in the building, testing by the KCs of the Zone confirmed the choice of Suryadi Haryono of Indonesia as the incoming Zone representative who will work with Hadrian up to the World Congress before taking over after that for the new term. Hadrian expressed his thanks to the willing candidates and his delight at this choice having been made in good time to ensure optimum preparation and continuity for the next WSC term.

Sunday

Presentations from SDIA (board member Rosali), SICA (board member Sebastian) and the YES Quest (facilitator Peter) were much enjoyed.

A Sebastian's report on SICA included these items:

Activities arranged for Poems for Peace Day in September had been most successful.

"Invisible Thread", celebrating 100years of words had been published by Irma Gold, and "Back to the Island", a CD of traditional music, had been created by Ian Blake, Maynard Gold and Sebastian Flynn.

This original recording had been made in Australia, discs were available for sale, and sales would benefit the Subud House in India.

Priorities for SICA were to establish legal not-for-profit organisations in member countries, with the help of a SICA orientation document on the SDIA model.

Roland Fraval, International Youth Co-ordination team, is organising the SICA programme for the World Congress in Puebla.

B Roland, representing Subud Youth, joined the meeting via Skype

(in all his hirsute splendour, did I hear you say???)

1. There had been little response so far from countries or other possible sponsor organisations. \$100,000 was the original aim to support young people to attend Congress, now aiming for \$20,000.

2. It is important to contact youth world-wide re Congress, to encourage early registration, give information on volunteering possibilities there.

There are 4 levels of volunteering possible:

co-ordinators;

intern (1) , working 4 hours per day (40% reduction on reg. fee);

intern(2) , (20%);

ad hoc

Information and news is available on Subud World News and Facebook.

There is also the YES Quest before and after Congress and a Human Force Volunteer Camp before Congress.

3. Various opportunities for youth travel and enterprise are available – in U.S., a building project in Bucelas, and also in Indonesia.
4. A contact person in each country would be very useful, to share news from young people in the area, and to provide information to them.

From group discussions the previous day, Hadrian summarised the priorities envisioned for the zone, goals for our future development.

1. Communications
2. Subud Houses
3. A Zone account and budget
4. World Congress
5. Enterprises

The following **resolutions** were passed unanimously:

1. The Zone resolves to open a bank account for funding Zone activities. The Zone Rep will consult with the Zone Countries in order to determine the best arrangement for realizing this. The Zone Countries will consult with their members to identify what contribution they can make to the Zone and relate the outcome to the Zone Rep by 30th November 2013.
2. The Zone resolves that a web-site/internet/intranet presence for the Zone be established to facilitate communication within the Zone. This may be integrated into what has been developed by Subud Indonesia in conjunction with the intranet development proposed by Stuart Cooke (WSC)
- 3 The Zone will organize internet conference/s call/s in April/May 2014.
4. The Zone will assist in whatever way possible the realization of Subud Houses in Chennai, India; Ho Chi Minh City, Vietnam; Caberra, Australia; Kuala Lumpur, Malaysia; Kawasaki, Japan; and one in Indonesia (to be identified).
5. The Zone undertakes to raise sufficient funds (or to facilitate this) to ensure that at least two delegates (one Committee and one Helper) from each Zone 1 & 2 country attend Puebla Congress.
6. The Zone will support/facilitate the funding of as many young people as possible to World Congress.
7. Each Zone Country will undertake to prepare a cultural presentation for Puebla Congress.

This may take any form – exhibit, poster, performance, maybe a CD recording of artists from the Zone. Sebastian Flynn, SICA Board representative from Brisbane, Australia, is the contact person for this. Could there be a procession of artists from the Zone, accompanied by musicians? A jazz club night?
8. The meeting wishes to support in principle Subud Indonesia's proposal to host the World Congress in 2018 or 2022 , and to help to work towards this.

9. The Zone also endorsed Dr Matthew Moir's proposal to be presented to the World Congress in response to Ibu Rahayu's letter to helpers on mental health problems:

Zones 1 & 2 propose that a work group be established, consisting of Helpers and Subud mental health professionals with experience and/or expertise in this area, tasked to develop and disseminate further clarifications on this matter.

Sincere thanks were given to Rosali, Hannah, and the members of Subud Thailand for the very successful organization of the meeting and their generosity in hosting a delightful musical evening and dinner to conclude the gathering.

GROUP DISCUSSION OUTCOMES

Communications

1. Networking including Intranet
2. Aim for all Countries in the Zone to have Intranet Contact – Indonesia offer to develop via Young people with Tech knowhow. Other Countries link in from WSA (aim to improve communications from visitors etc. or new members – need webmaster)
3. Personal contact phone calls rather than just e-mail.
Responsibility to acknowledge e-mail communication.
Encourage people to visit SWN – Zone News.
How to send updates to SWN
Find ways to make smaller Subud Countries feel included.
Look at making subtitled Talks for countries with non-main stream languages (being careful of translation quality)
4. Communications with each other in the Zone – establish an Internet presence for the Zone (eg Website).
Skype meeting- 6 months after each Zone meeting.
Each National Newsletter to be forwarded to the Zone Rep. for forwarding to each national Committee in the Zone (Language needs to be English) NB Judy Gibb to be asked to translate Japanese Newsletter into English. Alternatively the Zone Rep. to make a one or two page "Digest" of these Newsletters.
Zone Rep. to travel with IHS to as many Countries in the Zone as possible to keep informed of current issues.
4. Share Wing awareness in our Zone.

Subud Houses

1. Subud Houses – India and Vietnam
2. Subud Houses
Harmony in Group Critical
Zone goal to get ?? more Subud Houses.
Rolling funds – loans from Zone to be repaid.
Groups need to show commitment.
4. Helping Groups to achieve Subud Houses suggestions:- Chennai – India; Japan, Ho Chi Min City Vietnam; Malaysia; Indonesia; Canberra Australia.

Zone Account Budget

2. Zonal Budget to enable a country to take an initiative; Fundraising Committee in Zone – focus on one task. eg World Congress travel fund.
3. Zone Structure- Set up Zone Bank Account – Country contributions to WSA to go direct to WSA as now and Zone contributions to be in addition. Need a Treasurer and bank accounts a sub-account of a Country eg Subud NZ. – Zone Account (National Treasurer to find ways of raising extra funds) The Bank Account to remain in the same country when Zone Rep. changes.
4. Review our Zone Budget and WSC Payment system – Bring our Zone budget/account/payment system into line with other Zones ie Each Country pays to Zone and forwards a set amount to WSA .

World Congress

1. Young people exchange – Between countries – to World Congress.
How to use young people's skills
How to select suitable young people who want to make a serious contribution – with interesting and stimulating goals – youth nominated from local Groups and National
Interact with Roland and Lucinda at COT –create activity which attracts/challenges youth – enterprising activity – youth work for half registration cost discount.
Zone consider matching funds based on nominations from Local/National and in collaboration with COT. Obtain list of jobs from COT that volunteers could do :-Secretarial, Video, Waitressing/Transportationand report on their experience
Each country to consider how to bring back something from World Congress to their Country.
Consider Buddy system at Congress – Younger and older.
Survey at Congress –Research/small Study - what do you want to take home?
What do you want from Congress? – less business, more relaxation/breaks/ leisure for interaction.
No lists from IHs – ask from attendees - KCs to join IHs.
2. Cultural Activities at Congress– From each Zone (one evening per Zone) eg jazz band with gold coin or cheque/ note collection for that Zone.
Auctions of modelled dresses in Christchurch – part of fashion parade.
Some sort of diverse cultural presentation based on the respective Countries in each Zone.
4. Fund as many young people to attend Pueblo Congress and Yes Quest at Pueblo.
Get at least one Representative from each Country in the Zone to the Pueblo Congress – Criteria to be established. Have a Zone meeting at the beginning and end of Congress.
CCs new and old to meet & Brief at Pueblo Congress.

Enterprise

1. Encourage members to do Enterprise –(via encouraging members to listen to Bapak's Talks) and contribute 20% of profit to Subud.
4. We propose that the next Major focus for the WSC is Enterprise.
Enterprises to pay a % of the Zone Budget

Remaining Topics

Group 1

Getting to know each other better; becoming closer to one another.

Visit each others Countries, especially proximate Countries by individual members / How to connect?

Subud Travel Tours

Guest Accommodation at subud Houses

Need for Growth of Group – Projects – somewhere to stay.

Group 2

Facilitate the listening to Bapak's Talks for one hour before weekly latihan based on success of this in Indonesia. (this could be done pre-Latihan on simultaneous nights.

How can we express to Groups in the Zone the need to read Bapak's talks. Encourage Groups to have a full set of Talks 1957 – 1987.

Resolutions

1. The Zone resolves to open a bank account for funding Zone activities. The Zone Rep will consult with the Zone Countries in order to determine the best arrangement for realising this. The Zone Countries will consult with their members to identify what contribution they can make to the Zone and relate the outcome to the Zone Rep by 30th November 2013.
2. The Zone resolves that a web-site /internet / Intranet presence for the Zone be established to facilitate communication within the Zone. This may be integrated into what has been developed by Subud Indonesia in conjunction with the intranet development proposed by Stuart Cooke (WSC).
3. The Zone will organise a Internet conference/s call/s in April/May 2014.
4. The Zone will assist in whatever way possible the realisation of Subud Houses in Chennai, India; Ho Chi Minh City, Vietnam; Canberra, Australia; Kuala Lumpur, Malaysia; Kawasaki, Japan; and one in Indonesia (to be identified).
5. The Zone undertakes to raise sufficient funds (or facilitate) to ensure that at least two delegates (one Committee and one Helper) from each Zone 1 & 2 country attend Puebla Congress.
6. The Zone will support /facilitate the funding of as many young people as possible to World Congress.
7. Each Zone Country under-take to prepare a cultural presentation for Puebla Congress.
8. The meeting wishes to support in principle Subud Indonesia's proposal to host the World Congress in 2018 or 2022 , and to help to work towards this.
9. The Zone also endorsed Dr Matthew Moir's proposal to be presented to the World Congress in response to Ibu Rahayu's letter to helpers on mental health problems:

Zones 1 & 2 propose that a work group be established, consisting of Helpers and Subud mental health professionals with experience and/or expertise in this area, tasked to develop and disseminate further clarifications on this matter.

Ibu Rahayu's response to our invitation

Dear Hadrian,

After much consideration Ibu has decided she will not be able to attend the Zone 1 and 2 meeting, and will therefore also miss joining you in the opening of the new latihan hall in Bangkok. She passes on her many thanks for the invitation and asks for your understanding.

Ibu also gives thanks to God and is grateful that the Subud group in Bangkok now have their own latihan hall. Congratulations.

She hopes all the preparation and meeting will go well.

Thankfully Ibu has recovered from her latest illness, though not yet fully fit. She is starting to return to her normal routine again.

On behalf of Ibu,

muti

New Zealand CC and Chair report.

- New Zealand has 5 groups. (estimated total active membership is 150 members)
- 2 main groups with members 25 - 40 active members
- 3 smaller groups with members ranging from 4 - 12
- Subud New Zealand owns 3 latihan halls. One in each main centre Auckland, Wellington and Christchurch
- The National Committee Have a Skype meeting every 2 to 3 months, the regular contact is very important.
- The groups have regular latihan and social events.
- For the past 3 years we have had a summer gathering with attendees (toddlers to grandparents) numbers ranging from 40 to 75 members.

Report from Subud Japan in 2013

My dear friends of the Asian Zone of the Subud International Brotherhood, it is my great pleasure to inform you about the circumstances and activities of Subud Japan at this opportunity.

My name is Hiroshi Iwama, a new Committee Councilor of Subud Japan and a retired Professor on Education from a University in Tokyo. I was reopened for Latihan in 2000 after about a 40 year break. I will report here about our organization and social activities or enterprises. Mrs. Saodah Hayashi, Kejiwaan Councilor of Subud Japan, will talk about Gatherings and helpers in Japan this time.

First, I will talk about three points; achievements, problems and goals of Subud Japan which are required for report by the Asian Zone Committee, and then I will speak more precisely about Subud Japan...

A. Achievements

Enterprises:

Our enterprise is to introduce Japan's traditional culture to the overseas travelers in Japan through experiencing it. "Yanesen Tourist Information Center", which company is owned and operated by Subud

members, have completed the introductory leaflets of the company and distributed them to every famous Hotel in Tokyo.

ICDP:

In June and July of 2012, the ICDP international trainers came to Japan, and the introductory ICDP Seminars were held. Approximately 30 participants were there. They had a strong interest in ICDP, perhaps partly because it was shortly after the Great Earthquake and Tsunami in East Japan. Currently, the Japanese facilitators, one a male and the other female, have meetings on a regular basis to deepen the understanding of the ICDP, while more and more people show an interest in it. In September in 2012 two facilitators from Japan participated in the ICDP International Workshop for facilitators in London.

B. Problems

As for the tendency toward the decrease of members and aging the new Chairman, Dr. Hitoshi Maeshima, a medical Doctor from Tokai (Nagoya area), made a proposal about the improvement of the human relationships in Subud Japan during the introductory address to the Congress as follows:

Until now, many people have come to Subud, and so many people have left Subud. Truly, the Subud human relationships are much closer and richer than those outside Subud. However, with the further improvement of human relationships, may it be possible to attract more and more people to Subud?

I think it's important for us to recognize each member as a very important and irreplaceable person and to treat him/her as such for the betterment of Subud human relationships. The first step is to keep such an attitude in mind.

For the narrowing of the gap between the heart-to-heart of people, what would be good for us? As a minimum condition, we should not have a feeling that any of us are superior to others. It would be best to have a feeling that all of us are standing on the ground at the same level with others.

Subud Japan undertakes as its project the improvement of human relations in Subud. We will have meetings to discuss how to achieve it. There should not be any leader in these discussions - people can freely talk about their experiences related to human relations. Through these discussions, people will become aware of their ways to better human relations. People can improve their human relations themselves.

C. Goals:

- (1) More better human relationship
- (2) More attractive and more useful Subud House for meetings and enterprises
- (3) More active enterprises

Organization

There are about 145 active members and 14 branches in Subud Japan. The tendency toward the decrease of members and aging are still visible, but there are several new members a year in Japan.

We have an annual National Congress in the Tokyo area in May and a Kejiwaan Gathering in the Osaka area in October.

(1) Reorganization

This year, about 60 members including members who sent a letter of attorney attended the Congress each day for three days. Committee Chairman and other main committee members were elected from the Kansai-Tokai area (Osaka and Nagoya area) at the Congress in May, 2013. The new Chairman, Dr. Hitoshi Maeshima, a medical Doctor, made a proposal about the improvement of the human relationships in Subud Japan during the introductory address.

Subud Japan Committee (JC), a worldly organization of Subud Japan, has been established as a legally incorporated body outside the Subud Japan brotherhood (with the same members as Subud Japan) in 2009 by the annual Congress of Subud Japan, because the annual registration of the Subud House was difficult in the name of Subud Japan. Mr. Kojiro Togashi, Judicial Scrivener, has taken the post of the Chief Director of Japan Subud Committee in June in 2013. JC is an organization supporting the spiritual training of Subud Japan. And it is supported by a fee of Subud Japan. The balance sheets of Subud Japan and Subud Japan Committee for 2012, and the budget for 2013 were approved at the extraordinary Congress in July of 2013, and the transition process of the organization has been accomplished. Because the balance sheet of Subud Japan Committee in 2012 was in the red, the income from enterprises is expected for the maintenance of the organization.

A system of shared responsibility was started after the Congress in May because of the retirement of Mrs. Hinako Nakamura, Secretary General of Subud Japan, due to her advanced age. Accounting, editing of the "Subud Japan News", arrangement of Talks of Bapak and Ibu Rahayu, and the dispatch work of the Subud Japan News and so on are shared by members since June in 2013.

(2) Issue of the Subud House

A Subud House which serves as the sites of Congress for 50-100 members and is used as a center and an office for Subud Japan is located at Saginuma, in Kawasaki City near Tokyo as a rental house. (The other Subud House belonging to a private Subud couple is located in Saitama Prefecture two hours by train and walk from Tokyo. This House is used for the meetings of local members and The Congress of Subud Japan.)

The wooden Subud House in Kawasaki City has been used for more than 50 years and has been showing signs of age. There were troubles with vermin and damage in 2012. So, repair and cleaning of the House has done in 2012.

The negotiations between the owner and Subud Japan were started in 2012 for the forthcoming renewal in 2015. However the owner doesn't want to sell it to us, Subud Japan wants to rebuild the House to be more attractive, and use it not only for Latihan and meetings, but for enterprises. Even though it is not yet reformed or rebuilt, the use for enterprise has started in 2013. It has been used for a special showing of an impressive film by the Heart of Miracle Organization in August, and for several workshops about the Hakomi Therapy Institute coordinated by a Subud member. Subud Japan is renewing its recognition that the Subud House is essential and vital for Subud activities.

(3) Publication Projects

Ongoing translation of Bapak's Talks and Ibu Rahayu's Talks into Japanese is steadily done and printed three or four times a year. A publication group for people outside Subud Japan is working on the website and publishing a leaflet and handbook. A revised leaflet will be published in October in 2013. There is a plan to publish a translated, revised edition of *Susila Budhi Dharma* because the remaining copies are few.

(4) The challenge by enterprises

The Purnama Project has been reorganized and established as an incorporated organization in 2011. Mr. Rozak Tatebe has been President since 2011. It covers the enterprises about welfare, education, culture and sport, enterprises which create peace, harmony and understanding among people without differences between race, nationality, religion and culture, enterprise for publication. The "Culture exchange Village Incorporation", as a joint-stock company, has been established under the support of the Purnama Project in 2011.

"Bach Flower Remedies", developed by Dr. Bach in England, have been promoted as the first experiment in enterprise by several Subud members of Japan, Purnama International Co. Ltd which imports and

distributes the products and the Bach Holistic Kenkyukai, the educational institute which runs educational programme on the Bach system have been successful for about 15 years.

In addition, the "International Exchange Village Incorporation" was established in November, 2011, and "ICDP" (International Child Development Programme) was also established in February, 2012 under the support of the Purnama Project. They are experiments in more full-scale enterprise and social contribution. In September in 2012 two facilitators from Japan participated in the ICDP International Workshop for facilitators in London.

(5) Susila Dharma Japan

Susila Dharma Japan has established a long-term support and assistance project for victims of the East Japan Great Earthquake and Tsunami of March 2011. It has a relief fund from Subud Japan members, and a group, including a therapist, of Subud members, along with a social worker and others, has visited a day-care center in a district stricken by the earthquake and has done counseling and consultation to nursery teachers and staff in 2011 and 2012.

A special show of an impressive film by the Heart of Miracle Organization was shown at the Subud House in Kawasaki City in August in 2013 by a group of Susila Dharma Japan.

REPORT FROM SUBUD VIET NAM – OCT., 2013.

I/ Members:

Men : 35
Women : 79
Total : 114

Active members : about 70

In the year 2013, there are 05 new members were opened.

Subud VN have 05 groups at 05 locations in the South of Vietnam :

1. Ho Chi Minh City : 37 (09 men and 28 women)
2. Long An province: 19 (06 men and 13 women)
3. Vinh Long province : 13 (06 men and 07 women)
4. Bien Hoa City : 04 (02 men and 02 women)
5. Binh Duong City : 02 (02 women)

The other members have done the latihan at their home.

Old members over 70 year old: 17

Helper : 25 (10 men and 15 women)

Youth members : 21 (05 men and 16 women)

II/ Activities: (since December, 2012)

1. Achievements :

- Helpers and Committee meeting : once a month at rental house.
- Members, Helpers and Committee meeting : once a month at rental house for doing latihan together, reading Bapak's and Ibu's talks, exchanging experience, doing some testing...
- Celebrating Bapak's Birthday 22.6.2013 for the whole group at the rental house.
- Voting new Chair and Committee for the whole group.
- Voting new Regional Helpers 01 man, and 01 woman for the helpers.

- Setting up subcommittees such as : SD for delivering scholarships to poor pupils/ students who study well with the total amount for the Autumn term around USD4,400 which comes from Subud France SD's fund; Translators for translating Bapak's, Ibu's talks, Subud News, some of them were sent to Subud Vietnam Oversea Translators to correct and publish on Subud Library in Vietnamese version; and Youth for developing Subud Vietnam's strenght.
- Contacting with Ibu Rahayu for applying Indonesian Subud names for old and new members.
- Welcoming International Helpers : Isti, An Dien, and Luqman from Sept. 25 to Oct. 03, 2013.

2. Problems :

- Having conflicts due to existing many small groups.
- Having some members, helpers willingly to do their own activities against the whole group.

III/ Objectives for the year ahead:

- Organizing the Youth Meeing for the voting Youth Section Head.
- Coordinating with Subud Vietnam Overseas to solve the problem Subud House for Vietnam.
- In the short term, we have to rent a house for all the members gathering to do the latihan together once a month, for helpers meeting once a month, for committees and helpers meeting once a month, and group member doing latihan twice a week.
- Planning to use amount of money contributing by Subud Vietnam Overseas and Locals to buy a small house to do business to get profits to rent a big house for doing the above activities.
- Researching legal conditions to regularize Subud Vietnam officially.

We wish our Zone Meeting achieving great success.

Thanks & Best Regards,
Sieu Viet
C/C of Subud Vietnam.

SUBUD THAILAND REPORT

Subud Thailand consists of a small group in Bangkok and a handful of members in other provinces some of whom visit Bangkok regularly if not frequently. We also have "honorary members" such as Latif Vogel living in Australia, Mahrus McKingley and Sumali Agrawal living in Indonesia who make a very significant contribution to the life of the group whenever they are here and in fact even when they are in Australia and Indonesia.

This past year has been the most productive since organising the visit of Ibu Rahayu in 2002.

I refer of course to:

- the completion of our own latihan hall,
- the creation of a dedicated website for fundraising and for keeping everyone informed of the progress of the hall, and the
- organising of the Zones 1 & 2 Zone Meeting.

In the coming year our plan is to encourage Subud members throughout the region to visit us while here in Thailand on holiday or on their way to or from Indonesia, Australia and New Zealand. Our hall has complete facilities to accommodate overnight stays.

We also plan to develop the existing website as a Subud Thailand website with information about the group and Subud in Thai and English. Already a few people have contacted us through the Subud Hall website. We will also work on translation and publication to increase the availability of the resources in Thai language.

SUBUD INDONESIA:

Report of Subud Indonesia to Zone 1-2 Meeting, Bangkok, Thailand on the 04th October – 07nd October 2013

Introduction of the Indonesian Representative to Subud Zone Meeting 1-2:

1. National Chair : M. Ridwan
Email : mridwan@cbn.net.id
Phone: +62818 162 888
2. Committee Councilor: Rohadi Subardjo
Email: rohadisubardjo@aol.com
Phone:+62819 3249 1799
3. Kejiwaan Councilor (Men): Mustafa Syafrudin
Email: mustafa.syafrudin@gmail.com
4. Kejiwaan Councilor (Women): Halimah Talib
Email: talibhalimah@yahoo.com

The current committee period shall be ended in Feb 2013

Number of Subud Members

Indonesia has about 5,700 members, out of which 5,100 are men and around 600 are women (2009 figures).

About 70% of them are active in doing their latihan.

Growing number of branches in Central Java, from 18 before Subud Indonesia's National Congress on February 2009 to 24 after the congress, with the amount of membership reaching 1,788

Groups

Divided into seven regions, called Komwil (*Komisariat Wilayah*) (Regional Committee)

I (North Sumatra)

II (South Sumatra & Lampung)

III (Jakarta Municipality)

IV (West Java)

V (Central Java)

VI (East Java, Bali & Sulawesi)

VII (Kalimantan)

Branch, Regional and National Meeting

Branch meetings are held at least once a month or according to the need of activities.

Regional Meetings Twice a year (every 6 Month)

National Meeting shall be held once, between the National Congresses to the next National Congresses, which are held every two years

New Members

There are always newly interested persons in Subud and so most centers have usually candidates, some of them are later opened while a few never come again.

National Committee Work

- To conduct regular coordinative meetings with the Board of National Helpers (DPPN/Dewan Pembantu Pelatih Nasiobal)
- To conduct routine coordinative meetings with members of the National Committee, including visits to centers and international travels.
- To raise funds to implement work programs for the period of year 2013-2015 and preparing for the National Meeting in 2013 as well as the National Congress in 2015 in Jakarta, Indonesia

Kejiwaan Structure

Helpers Dewan (Board of Helpers)

Branches (DPPC)

Regional (DPPD) &

National Levels (DPPN)

Dewans support Committees in its spiritual aspects

Committees facilitate the work of Helpers Dewan

Subud Houses

26 Latihan Halls:

No	Province	City	Quantity of Hall
1	North Sumatra	Medan	1
2	South Sumatra	Bukit Lampung Kemuning	1
3	Jakarta	South Jakarta	3
4	Jakarta	Central Jakarta	2
5	Jakarta	East of Jakarta	1
6	West Java	Bogor	1
7	West Java	Bandung	1
8	West Java	Ciwidey	1

9	Central Java	Purwokerto	1
10	Central Java	Yogyakarta	2
11	Central Java	Solo	1
12	Central Java	Temanggung	1
13	East Java	Surabaya	1
14	Central Java	Batang (Central Java)	1
15	Central Java	Semarang (Central Java)	1
16	East Java	Malang (East Java)	1
17	East Java	Madiun (East Java)	1
18	East Java	Surabaya (East Java)	1
19	Bali	Denpasar (Bali)	1
20	Kalimantan (Central)	Rungan Sari and Palangkaraya (Central Kalimantan)	2
21	Kalimantan (east)	Balikpapan	1
		Total Latihal Hall	26

New Projects

Emphasizing on the development of enterprise of members

Constructing Latihan Halls in areas that do not already have

Developing Loan-and-Saving Cooperatives in groups

Social and Charitable Projects

The National Committee for the period of 2013-2015 has decided to hold its own projects separate from the SDI, based on **Bapak's advice that Subud should not ask for donations to provide assistance to those in need**. The implementation of this decision is continued by the 2013-2014 by the new elected National Committee.

Financial Report

Most of the organization's operational expenses are funded by member donations

The National Committee has established a sustainable funding through sustainable profit-oriented activities

External Relations with the Wider Public

Subud Indonesia is currently under the "Directorate of Beliefs to the Almighty", which is a division under the Ministry for Tourism and Culture

Therefore, Subud faces stumbling blocks to work jointly and relate with the public at large, who considers it as 'a cult/sect'

The National Committee constantly endeavors to change the status to "mass organization", registered at the Ministry of Law and Human Right

News Items

Bapak's 2013 Birthday Celebration Activities that covers an International Kejiwaan Gathering and a Birthday Celebration held in the premises of Wisma Subud Cilandak, 18-22 June 2013

Proposal: Mental Illness and the Latihan

Background to the Proposal

This proposal was adopted at the Zone 1 & 2 Meeting in Bangkok in October 2013. It was presented by Subud New Zealand and was stimulated by a letter that Ibu Rahayu had written shortly before, in response to an enquiry from Helpers regarding their concerns about a member. Ibu's letter provided very clear and comprehensive guidance regarding mental illness and the Latihan, and reminded us that the Latihan should not be viewed as a means of curing or alleviating illness, in this instance mental illness, and that the sufferer should seek help in the normal ways available, including seeing doctors and taking medications. She explained that mental illnesses arose from disordered functions of the brain and not of the soul and that treatment of these did not touch the soul. She stated that some persons with mental illness should not be opened or should discontinue the Latihan when their state was such that doing the Latihan could cause the condition to become worse, and that some could return to the Latihan when they recovered and their condition had become stable.

The issue of mental illness has been a concern to Helpers and groups for a long period, and it was felt that Ibu's guidance needed to be widely disseminated along with information about mental illness in order that this advice would be understood and applied appropriately.

Mental illness is not one state or phenomenon, but consists of a number of different conditions of wide ranging nature, causes, seriousness, and outcomes. This and the frequency of the various conditions constituting mental health disorders is not widely understood.

Scientific studies, experts, and authoritative bodies such as the World Health Organization and the U.S. National Institute of Mental Health have a broad consensus that mental illness is extremely common amongst peoples of all countries, ethnicities, and religions, with a 12 month prevalence in the order of 25% and a life time prevalence approaching 50%. That means that in a twelve month period approximately one person in four will meet criteria for the diagnosis of a mental health disorder, and that there is a 50% likelihood that a person will have met these criteria at some point in their lives.

It follows that the exclusion of all those falling within this broader definition of mental illness would be impractical, impossible, and potentially discriminatory, and that it is inevitable that persons with a history of or current mental illness will join Subud or will later develop a mental illness. It is evident that Ibu's advice is not intended to apply to the vast majority of persons with any susceptibility to, history of, or degree of mental illness.

Consequently there is a need within Subud for clarification as to when and to whom, and under what circumstances, and for how long Ibu's advice applies. There is a strong consensus amongst expert groups that serious and chronic disability from mental illness constitutes a much smaller percentage of the whole, in the order of 6% of the population, and this figure has been especially well established across countries and ethnicities, such as a worldwide prevalence of schizophrenia around 1%.

It is therefore evident that Ibu's advice applies to those with serious mental illnesses. However, given that even these conditions can be temporary and subject to stabilization and remission, as Ibu indicated in her letter, there remains a need for some guidelines and definitions as to when, to whom, under what circumstances, and for how long such advice applies.

Proposal

Zone 1 & 2 propose that a work group be established at the forthcoming Subud World Congress, consisting of Helpers and Subud mental health professionals with experience and/or expertise in this area, tasked to develop and disseminate guidelines to assist with the recognition of and response to serious mental illness in applicants and Subud members, within the context of Ibu Rahayu's guidance and clarifications about mental illness and the Latihan.

Addendum

Dr Robin Moir FRANZCP (Matthew Moir), Kedjiwaan Councillor for Subud New Zealand and a specialist psychiatrist, plans to work on the development of criteria prior to the World Congress, and is willing to lead this work group.