

## **SUBUD INTERNATIONAL HEALTH ASSOCIATION (SIHA) Report to WSC June 2012**

After a conversation with Maxwell last week, about possible funding from the MSF for SIHA activities, it is clear that with a bigger budget more possibilities open up. The budget offered to SIHA during the WSC meeting in Rungan Sari last summer was mainly to cover the expenses of traveling to the Vancouver WSC meeting and some of the expense of the new SIHA website. A larger budget would indeed open up more possibilities.

The key objective for SIHA is to gather a team of enthusiasts, so that no individual persons is pressured/burdened by responsibilities or feels alone in their corner without knowing what to do next. (These difficulties have been experienced by a number of people in various Subud roles).

To recreate momentum and thus a useful service to the Subud community interested in health issues, we believe that focus needs to be given to creating spaces/opportunities for sharing and getting together. We recently had such a meeting in Lewes (UK) at the end of April, where 10 practitioners got together and shared experiences and wishes. The enthusiasm was high and it is planned to do this more often and improve the structure of the meetings, to get even more out of the experience.

This meeting had been loosely organized and all were surprised at how easy it actually is to do. All it took was for a few people to kick start the idea, organize it once and we hope this will create the habit of getting together and sharing. These types of meetings could easily be held at local, national, zonal and international Subud gatherings as many people are already present and it requires little preparation. All that's needed is a person to nudge it into momentum. This is why a bigger budget for SIHA could help to cover some of the expenses (mainly travel and in some place rent).

Another opportunity we see is to run a few world congress preparation meetings. The world congress is obviously a great opportunity to offer SIHA related content, but also on a more practical level SIHA is also involved with the organizing of the available medical facilities. Although I personally have little experience in setting up anything of this importance, this needs to be addressed in advance with practitioners that have the know-how and experience.

The long term objective is for SIHA to be self-sustaining. As we all know, Bapak was insistent that enterprises carry the bulk of the expenses and we have this in mind, but until this is a reality, we still rely on funds to be donated.

In short, the budget we are looking at for SIHA to perform at a more optimum level from mid 2012 to mid 2013 is as follows:

- Support & setting up local SIHA meetings	€ 2000
- Zonal meetings and key national gatherings	€ 2000
- World Congress preparation meetings	€ 2000
<b>Total request:</b>	<b>€ 6000</b>

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