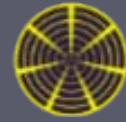




# SIHA

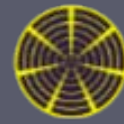
Subud International Health Association

2011 - Rungan Sari – WSA meeting



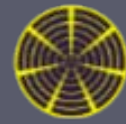
# Health Story:

- Canadian Millionaire with Cancer...



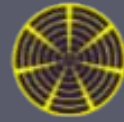
Have you heard of other stories like this ?





In Subud, health is not the primary objective...

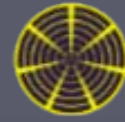




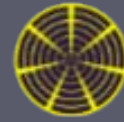
Although health :

- greatly affects our lives
- has the potential to affect Subud as a whole

(Remember the story of Eva Bartok...)

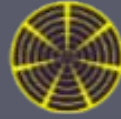


Something special happens when a practitioner connects to their inner & is guided



## Scope of this presentation :

1. SIHA in short
2. Short term objectives
3. What is required?

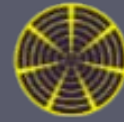


1.

In 1983, at the World Congress at Anugraha, Bapak approved the name & formation of the Subud International Health Association.

Back in 1958 Bapak talked about doctors getting together and sharing their experiences of the latihan's influence on their work (Eg. Brookhurst nursing home, latihan added to normal treatment)

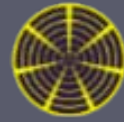




1.

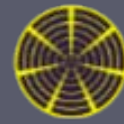
## Testing at Grt. Malvern 2010

- Relation between Health & Latihan  
Harmony within the levels
- Relation between SIHA & Subud  
Breathing life into the subud community



1.

A lot of work has been done so far,  
although overall progress has slowed in  
the last 4 years.

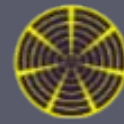


2.

## Short term Objectives

( Next World Congress )

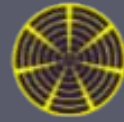
- Reconnect SIHA and the Subud community
  - Equip SIHA with modern collaboration tools
  - Collect, share & inspire : talking about these health stories...
  - Connecting with helpers & other wings
- Creating a SIHA team
- Financial independence
  - To reach full potential SIHA must stand on its own 2 feet



2.

Website with :

Interaction space (forum)  
Sharing stories (articles & videos)  
Find other SIHA members

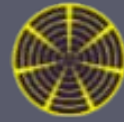


## Financial independence

For SIHA to be able to be of service, “hoping” every year for the generosity of WSA is not an option.

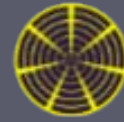
Bapak was very clear:

- Enterprises should create the required funds
- Donations are seed money for the setting up of this.



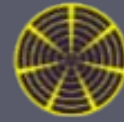
# Projects to create income :

- Practitioners are “enterprises”
- SIHA created projects (eg. Modalities Ref. Book)
- Support the creation of health related “Subud Enterprises”



# What is required ?

- Building awareness
- Building a team
- Seed Money

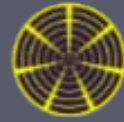


# Seed Money

1000 Euros : Finish the website

1000 Euros : Book project





Ibu once said that we could not afford to “just” do Latihan twice a week... we need to put into action what we get from the Latihan into this world...