



ZONE 3



Zone 3 Counsellors

Zone 3 General Report 2010-2014 Term

Under the "**Back to Basics**" slogan the work that the Zone Council and I have been doing for the last four years has been - I think for all of us- truly enriching.

Eight countries' natures, cultures, faiths and languages were working together to keep alive and active- in the respective countries and in us- the vibration of the latihan kejiwaan and the advice and guidance of Bapak in our daily lives.

The difficult times we were going through had been reflected in some countries where the relationships between groups and individuals were not feasible and, therefore, as in the case of Belgium, ceased to be a country member of the World Subud Association. However, this situation is

improving day by day and it is possible that during the next term we could see Subud Belgium taking an active role in our zone.

The number of members in the Zone remains stable, although - if you read the reports from each country- will see that some have reduced their numbers and others have increased, so there is not much difference from what was reported four years ago.

However, there has been a big change in terms of members' awareness of the importance of following Bapak's and Ibu Rahayu's advice in terms of **projects and enterprises** in the countries and to remain as close as possible to the **structure set up by Bapak** concerning the helpers' work in the kejiwaan side and the work of the committees in the material side, getting along each other and working together in order to balance both the spiritual and the material.

With respect to the Zone finances I must say that they are not as buoyant as in the past due to the economic crisis facing the world. That is why the countries have significantly reduced their contributions to the Zone and the International. One of the priorities clearly identified by the Counsellors has been to support the international helper's travels.

Hopefully such contributions will improve very soon to carry out all the requirements and good intentions of all our members so that our Subud Association continues growing in quality and quantity.

COUNTRY MEMBERS (Statics)

COUNTRIES	MEMBERS	MEN	WOMAN	Latihan Premises (owned)
Subud Britain	1140	478	662	13
Subud France	164 *	61	103	4
Subud Ireland	40	12	28	1
Subud Italy	44	20	24	1
Subud Netherland	195	85	110	2
Subud Portugal	68	23	45	1
Subud Spain	209	80	146	3 **
Subud Belgium ***				
TOTAL	1859	759	1118	25

* There are 242 people practicing the latihan but only 164 are members of the Association

** Subud Spain has not properties itself but Subud Alicante, Subud Barcelona and Subud Orgiva have their own premises.

*** It was a Country member until 2012. Now there is a group of 8 members willing to have a National Committee and to become a WSA Country Member again.

Subud Britain CHALLENGES

...”As a chairman for the last 3 years my sense has been that the biggest challenge facing us in SB is to try and enthuse our members about the possibilities that we have in working together to 'make the latihan visible'. We are faced with a situation where most of our members are uninterested in our organization and it is a struggle to fill the various roles which enable our organization to function. A lack of newer and younger members is an issue and those we do get are not interested - it is significant how few younger members are involved. If we are to do all our members mandate us to do, we may have to pay some further national posts, since we cannot find volunteers.”

Subud France about the FUTURE:

“If one looks at the needs of the membership at this time, it is clear that, as a whole, we have become apathetic with little interest in organisational and international affairs. The only way to revitalise the membership is to re-motivate the helpers. This is a heavy responsibility for the national dewan, but is really necessary for Subud life to flourish, both inwardly and outwardly.”

SUBUD IRELAND about a CHANGE

...The big change here is the expressed desire to have residential kejiwaan weekends, when multiple *latihans* (with larger numbers) and testing, with commitment and readiness to experience change, have really helped a few members to understand more the reality and to feel progress. We have now had 4 or 5 of these weekends and opened one each in the last 2 years to members from abroad.”

Subud Italy's COURAJE and ENTHUSIASM

...”The last four years of our history are summarized in the process that has carried out the resolution of the issue of the statutes and internal rules (2013), after a great job of preparing and sharing (including the difficulties, resistances and sorrows...) But we have achieved it and we now have the courage and enthusiasm to move on to another stage, which reinforce feelings of brotherhood and the spirit of harmony. Our reality - having the size and the absence of strong material commitments - is likely to form a real family with the aim to cultivate the latihan growing, looking for ways to give more strength to the work of helpers.”

Subud Netherland about RELATIONSHIPS

...”as a team we have made efforts to share how we feel and what is going on inside of us, more than we probably felt like doing because we thought we were going to work for Subud, not talk about how difficult it is to work together! Sometimes these conversations became very personal and confronting. In the end we usually didn't feel too bad about one another. Still, outside of latihan we often failed to experience the connection to a common goal: how to serve the brotherhood best. The differences between personal opinions and individual receiving got in the way of finding true, lasting harmony.’

...”Our AGM now gave us the task to create the necessary harmony and mutual respect, in order to do our jobs at World Congress.”

Subud Portugal IMPROVEMENTS

“During the last year the structure and the running of Subud group Lisbon become smoother and more efficient, due to the committee monthly meetings and the spread of information and conclusions from those meetings, sent to all members every month. Besides that, Lisbon group has a monthly Quinta Quente (Hot Thursday,) which is an open invitation night, for all the Subud members and their guests, to have a ‘chef’s dinner, alive music and learn a bit about Subud.”

Subud Spain about REALITIES

...”Subud members continue to give priority to the Kejiwaan side and less to organizational matters. The groups are generally older, with a healthy old age, but older. Few new members are being opened in the groups in general, although there are newly formed groups like Seville which are growing and consolidating. In some, there are economic difficulties in maintaining their premises. The general feeling is that life and strength are present in our groups and the priority should be focused on: the members, Latihan , reading Bapak's talks , motivation and support to helpers.”

From 2010 to 2014 there have been 5 Zonal meetings:

30th July 2010-2nd August Great Malvern-UK



Coming back from a relaxing walk

May 2011 Lisbon-Portugal



May 2012 Netherland



Taking a breath and enjoying the sun

June 2013 Poio-Spain



The joy of Getting Along

Zone 3 meeting 2014, Orgiva, Spain



Eating together



working together

And... a lot of kejiwaan Gatherings especially in Ireland, Spain and UK!

The presence of the International Helpers during our Zonal meetings have been of great support and we all feel very grateful for their hard work and the nice music performances that some of them used to offer us at the end of our meetings.



International helpers-Zone 3 meeting Lisbon (Portugal) 2011

SUSILA DHARMA

SD Britain:

Within the last two years Susila Dharma Britain has funded, Dance United in Yorkshire, living Well Dying Well, and also five overseas projects: CCD Permbeda Village project in Southern India; Ashkoka Project Kodagu in Southern India; Budesti English Summer School in Moldavia; CERDERI - Madimba DR Congo and ICDP in South America.

SD France: Asia - India: Foundation Mithra, Bangalore; Indonesia: Sponsoring children through YUM; Vietnam: Support to SD Vietnam; Africa: The DRC- SD schools: GSSD Lemba Imbu, CSSD Inkisi and Albadi, SD clinics: We contributed to the building of a safety wall to protect the Yenge Clinic. Participation in setting up Community Health Centres or CSCOMs in the DRC; Europe:- English Language Summer School, Moldova; Roda Viva, Portugal; South-America:- Fundacion Amanecer, Colombia Mis Corazones Alegres, Colombia; Tierraviva in Argentine; La Obra Madre, Argentine: We supported their initiative "Entrelazos"; Support to the WSA Care Support Programme; Supporting various charitable initiatives of Subud members from France.

THE FUTURE: We feel that it is now time for an opening to the non-Subud world, to start communicating with it and also begin to do a bit of fundraising. So, a website is being developed, to broaden the communications with French- and English-speaking Subud members living in France, and also to show our SD work to non-Subud people. It will be in French and English.

SD Netherland

The first years Susila Dharma has been occupied with their own organisation, aims, and cooperation; they were rather inward looking. Then the committee changed, grew and more activities were organised. There is more attention for projects and the look to the outside world. Recently a meeting

for members and non-members was organised, which was very successful. The committee gives the impression that they really enjoy the work for Susila Dharma.

SD Spain

Sierra Leone Project: Cooperation with Susila Dharma Spain. Donations made to medication and sanitary equipment.

Culinary and music holiday in Alicante for the benefit of UNHCR and for Caritas.

ASSERA project: sponsorship of the school year to underprivileged children in Peru .

Susila Dharma Europe meeting 2012 held in Alicante

SD Portugal

Susila Dharma Portugal, received the SDE group at its Roda-Viva school, with a kids performance and a *selamatan* for the foreigner guests.

Highlighted in the overview was the necessity to double the school staff during last year, in order to keep up with the demand for taking on more students, as well as maintaining its good name (based on years of experience that had already spread 'far and wide').

Also under SDP wing there is the new Peg project - Bridge between Generations, which is being handled by a team of young people. The team is currently working, on colourful publicity images and graphic material, which is geared to attract customers both old and young, from the neighbourhood, of Subud Lisbon premises.

SICA

Sica Britain

Marius Grose, the SICA Britain co-ordinator, says that the Wings should be carrying forward Bapak's vision of Subud members working with people outside Subud in ways that benefit all of humanity. If this was so the general public might, in time, recognise Subud as an organisation with a spiritual context making a difference in the world, but without pushing any specific religions. The culture that Bapak charged SICA to support and encourage is a culture that comes for one's inner self. Bapak spoke of culture as being very wide and that cooking is as much a part of culture as painting, therefore anyone can be part of SICA; it is not just for artists. SICA Britain has launched a web site. The site consist of a gallery showcasing artists as well as online "magazine" pages supplying news of events and cultural activities that Subud members are involved with. The website can be found at: www.sicabritain.co.uk

The members working with people outside Subud in ways that benefit all of humanity is something that Isabella Moroni's and Ivan Cocci's are doing in **Sica Italy** through the "Argilateatry The Way to the Indies."

Also in **Sica Spain** with Saray Sendin looking always for ways for the general public to know and see the work of the many artist and painters that there are in Subud Spain and to participate in different music and art events.

YOUTH

Subud Britain has something to say:

YOUTH/FAMILIES:

Over the last four years we have ceased to have a Youth Rep, but SuFA (Subud Children and Families Association) is growing consistently stronger, and they have also taken youth under their wing. SuFA have held two successful and well attended events recently, a week long camp in Wales, and an Easter weekend gathering at Loudwater Farm. More events are planned.

Subud Portugal: Although there is no one assigned to this Wing, there are quite a group of youngsters, involved in PEG project, Roda-Viva school, and Bucelas, as well being part of the Committee. The main idea being, their organizational preparation, so at the near future they will be ready to handle the reins of Subud Portugal, and hopefully set an example for Subud world

ENTRPISES/PROJECTS

“Subud enterprise/projects seem to be breaking out everywhere in our Zone. From Orgiva Spain, to Lewes England, to Subud Ireland and to Subud France. What a fantastic opportunity to have a serious attempt at following Ibu Rahayu’s advice and learn how to work together in harmony. I believe this is a very important milestone in our collective Subud journey. We need to do this to hopefully one day be able to show the world that Subud is different, that there is a more humane way to work together than the ego filled, I am right, power based ways of this materialistic world we live in.

Ibu Rahayu said that many individual Subud members have now learned how to follow their inner guidance when working in this world and have been successful but we have not yet learned how to work together on the bigger projects/enterprises in a Subud way. As an SES representative, I immediately wondered how this could be done, it seemed impossible, as it only took one strong willed person, or one wanting to be right all the time to completely blow everything apart! But then I came across Bapak’s advice on this very subject. In fact he demonstrated this prior to all the big projects in the past. He always tested in the members with the relevant outer skills and then continued by testing, accompanied by the helpers, their strengths and weaknesses within the team. He often explained, and I have witnessed this, how the strengths were not the important aspect but the weaknesses were. And this is the key, being aware of one’s weaknesses and being open to letting go with the loving support of one’s brothers and sisters in the team. Not necessarily just there and then, but with an ongoing acceptance, understanding and supportive reminders from the whole team, a real bonding can be achieved. The individual members of the team can create something far bigger as a result of being a cohesive whole.

Bapak also said that the way to practice this way of working together was in our committees, organizational structures and Subud projects before tackling the financial risk of business enterprise. And also that the lower forces in this world are not at all keen on Subud, and will be trying very hard to prevent any Subud project from succeeding. So I guess it is going to be doubly hard for us to get this right.

The important thing at the moment seems not to be what we are trying to achieve in Subud, but how we achieve it. It is the process... demonstrating to the world that there is a much better way to do things working in the world that will have an impact far beyond anything that results from the project itself. And who knows... we may even attract people to Subud.

Muctar Nankivell

Zone 3 S.E.S Representative

PROJECTS

Subud Britain: St. Anne in Lewes

Subud France: There is an ongoing property **project in the South West of France** and they are actively looking for permanent latihan premises.

Latihan Hall in Orgiva, South of Spain. In 2013 it became a Zone 3 Project

Subud Portugal: Bucelas Project is gaining a new breath with some local improvements and the plans of two young artists, living in, and out there.

ZONE 3 KC's REPORT

1. Zone

The basic is always the latihan kejiwaan.

In zone 3 there was a deep awareness together with the zone representative that the basic is always the latihan kejiwaan. The result was that the KC's had a reasonable budget to travel to support one another's country (when there was no budget in the visiting country) and to organize KC meetings.

In the middle of the period we started to do a remote latihan every 4-th Sunday of the month with all the delegates of zone 3. So there grew a zone awareness of Susila Budhi Dharma.

Before the zone meetings the KC's had one or two days, what they asked for, to prepare spiritually the zone meeting. So we built at a balance between committee and kejiwaan and that represented the inner relation between the zone representative and the KC's in an atmosphere of really looking to each other and to ourselves and our needs.

That was a blessing process for all of us.

2. KC meetings

to spread and feed a field of Susila Budhi Dharma

2013 Ireland, 2012 Great Malvern (England), 2011 Lewis, 2010 Sete in France.

The special KC meetings were held once a year, every time tested if it was needed and in which country. During this period there was no KC present from Belgium because of the problems of a split in the country and also for Spain was it most times not possible for reasons to come.

The essence of these meetings was to become a real dewan of KC helpers of zone 3, with the effect that there could spread and feed a field of the latihan kejiwaan to the 8 countries.

The meetings helped us to work more close to each other by doing latihan together, testing with each other, testing about our functioning in our countries, learning from each other about sharing situations in the countries and how to deal with that by talking and testing.

Blessed is it that each country had his own special talented way and experiences to handle with situations or to organize kejiwaan activities.

That results in this 4 1/2 year that we have a strong inner bond of sharing our worship to God by doing our latihan and bring it into practice, to trust, love and helping each other with problems in our

countries.

We all grew in courage to do what we have to do, to trust in our receiving's.

When a country had important meetings, we asked for help to each other to do a remote latihan on the same times.

To keep this alive, we did each month on the second Sunday together a zone KC latihan.

3. Continuity of fulfilling the KC function

In the 4 ½ year the half of the men and the half of the women changed from person in the function.

4. Zone women helpers' weekend in Lisbon Nov. 2011

receiving God's guidance to be more aware how to be better Bapak's helpers.

This was a very inspirational en spiritual meeting. The idea for this weekend was received on the KC meeting. A weekend for all women helpers of zone 3. The men tested it negative and it felt very strong that the women helpers have this meeting then only with women.

We shared a great benefit of alternating general latihan and testing with little groups testing which enabled us to test with our fellow sisters in turn for each of us. This created a deep bonding with each other through the countries and real trust and compassion with each other's way of live. We were able to let ourselves be guided through latihan, with no "pre-conceived" ideas about what should be done. Two international I helpers supported this meeting. We all felt really like sisters sharing the same blessing and the same responsibilities as Bapak's helpers!

5. Coordinators Kejiwaan Councillors

Communication can be a channel of receiving

On the beginning of our start as KC 's in the zone we felt the need that one of the KC's will coordinate our activities, our communication with each other and also a point of contact for Paloma our zone representative. We received that communication could also be a channel of receiving.

We started by testing with a manly coordinator, but later in the 4 year period we received the importance of a man and a women as co- coordinators for the male and female aspect.

6. Visiting congresses or kejiwaan meetings from each other's countries.

We are all connected to each other through the latihan kejiwaan

We received in the KC meetings how important kejiwaan meetings are for the spiritual development of the members, and also helpers meetings. Also that visiting each other's congresses and kejiwaan meetings could help to increase the inner growth of the members.

Its result was a support to each other's countries by being there just doing latihan, representing the whole zone KC dewan. This felt like an alive field of our dewan, with a wide spread latihan vibration between the dewan and the countries; also like a 'between space' of the zone dewan of KC's and the dewan of the International Helpers, to and from the whole brotherhood and back.

So we are all connected to each other through the latihan kejiwaan worldwide in bigger and in smaller ventures. So we did a lot of travelling (after first being invited by the host country, and testing if it was right) to visit congresses and kejiwaan meetings or helper meetings abroad.

The visiting of the kejiwaan councilor had the result that what in a country is alive can spread easily to the other countries by the visiting kejiwaan councilor and vice versa. An example is the experience to look first a talk of Bapak and to do after that the latihan or to do a different way of body testing.

Important is this matter is the question: what belongs to the task of the international helpers and what to the kejiwaan councilors.

7. Kejiwaan

re-awakening our worship to God

Despite there are in general strong and deep latihans in zone 3, there is also a tendency to do only one time in the week latihan in the groups. Reasons are: no time, it is enough, no motivation for more latihan, there are many other spiritual groups etc. Explanations by helpers did not given other results.

There is in some countries no awareness by some members of the deeper meaning of the advices from Bapak and Ibu. That did give the effect that some members and helpers cannot understand and receive why the content of Bapak's talks and advice are important to become aware of what the latihan in reality is, and what Susila Budhi Dharma means for mankind, and for our daily lives on this earth. That results in the attitude of some of these members that they want have their own rules, which disturbs the harmony in the group(s) and in the country.

Ibu Rahayu had answered on questions about this tendency and she put forward the fundamental aspect of re-awakening our worship of Almighty God, to return to practicing the path of the latihan and be not easily overcome by ego.

We, as KC's, have always tried to work by consensus, and not to do things without first testing if they are appropriate. However we know that some of the things we have done have not been approved by everyone, and we sincerely ask forgiveness of those we may have hurt or offended.

At the end we all are very grateful and we thank God Almighty to have had the opportunity to do this spiritual work and to learn and grow inside; and we thank everybody for their trust and support.

On behalf of the zone 3 KC dewan,

Christie Rodenburg