



SUBUD

"Every person will find for himself or herself the right way towards God, and what may be the right way for one may be completely wrong for another. Therefore, you must discover your own self, and develop your inner self, if you want to find the way to God. You must not follow or imitate anyone else."

Bapak Mhd. S. Sumohadiwidjojo
Founder of Subud

SUBUD is an international association of men and women who experience being in touch with one's true self and real humanness through deep worship of God. The name, SUBUD, is derived from three Sanskrit words which together mean a willingness to put into daily practice that which is received from God.

SUBUD embraces all religions, all races, and all cultures. Although it is based on a spiritual experience, it is not a religion or religious sect. SUBUD has no specific teaching, dogma or creed. Members belong to all religions and spiritual paths and many find their beliefs strengthened by the SUBUD experience.

SUBUD groups are in eighty countries, with over 10,000 members world-wide. As an outer expression of the aims of SUBUD, members participate in humanitarian and cultural projects, and activities for youth and families.

NATIONAL SUBUD OFFICE

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